

Downsizing



Make your life easier by decluttering. Clutter can have negative effects on your mental and physical health. We will discuss some different methods of downsizing to enjoy the space you are living without the clutter.

By Deanna Turner, River Valley District Extension Agent

March 12

10:00 a.m. Clay Center at District Extension Office Meeting Room,
322 Grant Avenue

2:00 p.m. Washington at Good Shepherd Lutheran Church,
200 W. 4th Street

March 13

10:00 a.m. Belleville at Public Library,
1327 19th Street

2:00 p.m. Concordia at Courthouse Meeting Room,
811 Washington

Please pre-register at your local K-State Research & Extension River Valley District by calling: Clay Center Office at 785-632-5335; Washington Office at 785-325-2121; Belleville Office at 785-527-5084; Concordia Office at 785-243-8185.

For more information call Deanna Turner at 785-632-5335.

Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact John Forshee, Director, River Valley Extension District #4, 322 Grant Avenue, Clay Center, KS 67432. Phone 785-632-5335.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service