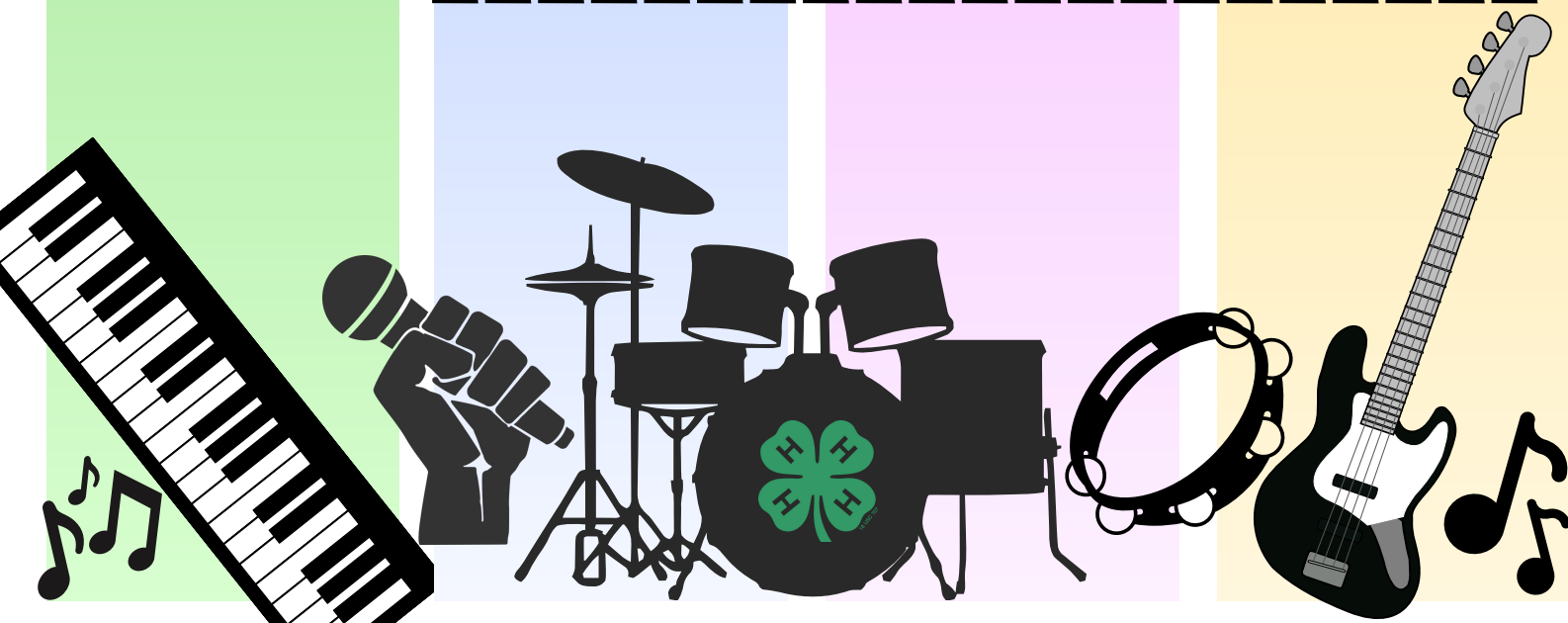
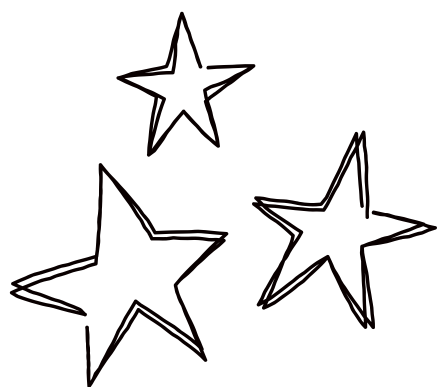




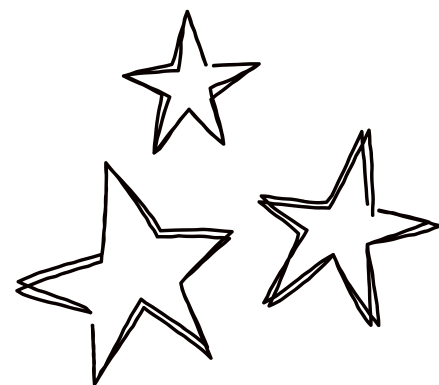
NAME: _____

4-H CLUB: _____





WELCOME, CLOVERBUD!



HELLO, CLOVERBUD!

WE ARE SO EXCITED TO HAVE YOU AS A PART OF OUR RIVER VALLEY DISTRICT 4-H FAMILY! OUR NAMES ARE MACY HYNEK AND MARISSA HURST AND WE ARE THE 4-H YOUTH DEVELOPMENT AGENTS. WE DEVELOP AND DELIVER EDUCATIONAL PROGRAMS TO THE SCHOOL-AGED YOUTH IN CLAY, CLOUD, REPUBLIC, AND WASHINGTON COUNTIES AND ALSO OVERSEE OUR DISTRICT 4-H PROGRAM. WE CANNOT WAIT TO MEET YOU AND SEE ALL OF YOUR GROWTH THROUGH THE 4-H PROGRAM! IF YOU HAVE ANY QUESTIONS, YOU CAN REACH US AT:



MACY

**785-527-5084
MHYNEK@KSU.EDU**



MARISSA

**785-243-8185
MLHURST@KSU.EDU**



LET'S STAY CONNECTED!



RiVER VALLEY 4-H (FACEBOOK PAGE)



@RiVERVALLEYDiSTRiCT4H



RiVER VALLEY EXTENSION DiSTRiCT



Bi-MONTHLY NEWSLETTER



[HTTPS://RiVERVALLEY.K-STATE.EDU](https://rivervalley.k-state.edu)

[HTTPS://KSRE.K-STATE.EDU](https://ksre.k-state.edu)



RiVER VALLEY 4-H (PRiVATE GROUP)



MEET YOUR PROGRAM MANAGER

PROGRAM MANAGERS ARE THE FRONTLINE WHEN IT COMES TO 4-H IN YOUR COUNTY. THEY ARE THERE TO ANSWER QUESTIONS, OFFER GUIDANCE, AND HELP YOU GROW AS 4-H MEMBERS! EACH COUNTY IN THE RIVER VALLEY DISTRICT HAS A PROGRAM MANAGER, CAN YOU FIND YOURS?



DIANE

REPUBLIC CO.

785-527-5084

DKUSSMAN@KSU.EDU



MELISSA

CLAY CO.

785-632-5335

MELISSABAXTER@KSU.EDU



BRIANNA

CLOUD CO.

785-243-8185

BMHAKE@KSU.EDU



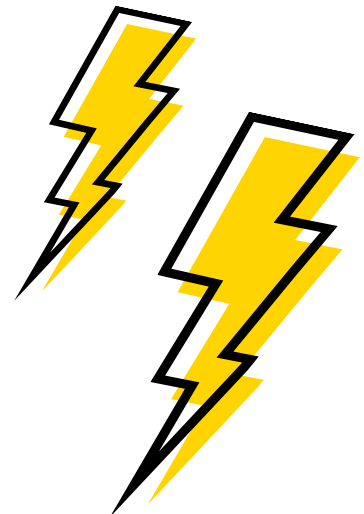
BROOKE

WASHINGTON CO.

785-325-2121

BROOKE6@KSU.EDU

WHO IS YOUR PROGRAM MANAGER?



MY 4-H CLUB



NAME: _____

4-H AGE (AGE ON JANUARY 1, 2026): _____

LOCAL 4-H CLUB: _____

CLUB LEADER(S):

LEADER CONTACT INFORMATION:

MONTHLY CLUB MEETING

• **DAY:** _____

• **TIME:** _____ **A.M. P.M.**

• **LOCATION:** _____

THE 4-H PLEDGE

THE 4-H PLEDGE HELPS US REMEMBER WHAT 4-H IS ALL ABOUT AND HELPS US REMEMBER THE 4 H'S. THIS PLEDGE IS SAID BEFORE ALL 4-H EVENTS, ESPECIALLY CLUB MEETINGS. THIS PLEDGE HAS SPECIAL ACTIONS THAT GO WITH IT. CAN YOU DRAW A LINE TO THE PERSON DOING THE ACTION THAT YOU THINK GOES WITH EACH PART OF THE PLEDGE THAT IS WRITTEN IN GREEN? THEN PRACTICE SAYING THE WHOLE PLEDGE!

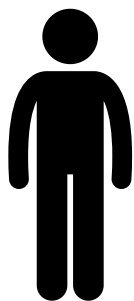
"I PLEDGE:

MY HEAD TO
CLEARER THINKING

MY HEART TO
GREATER LOYALTY

MY HANDS TO
LARGER SERVICE

AND MY HEALTH
TO BETTER LIVING



PLACE HANDS AT YOUR SIDES OR
BEHIND YOUR BACK



PLACE ONE HAND OVER
YOUR CHEST

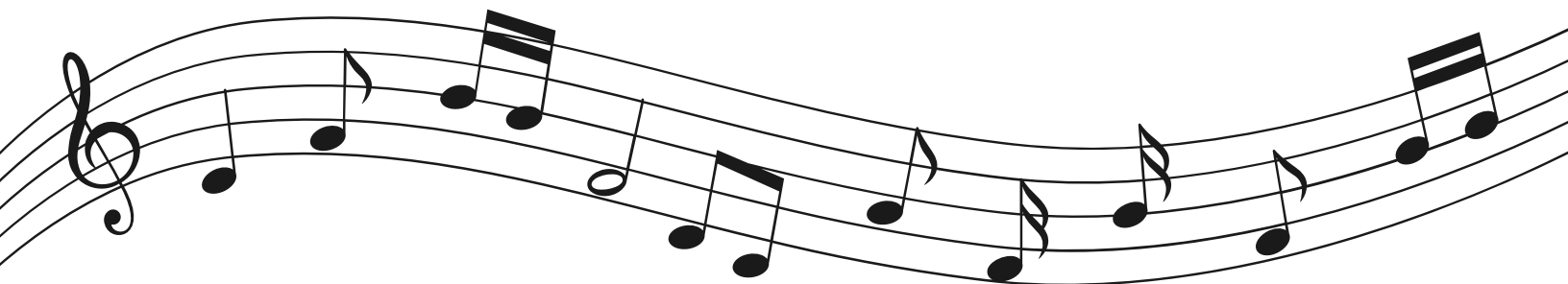


PLACE ONE HAND TO
YOUR HEAD



PLACE HANDS OUT IN
FRONT OF YOU

FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD."



THE 4-H MOTTO

CAN YOU TRACE THE 4-H MOTTO

"TO MAKE THE BEST BETTER."?



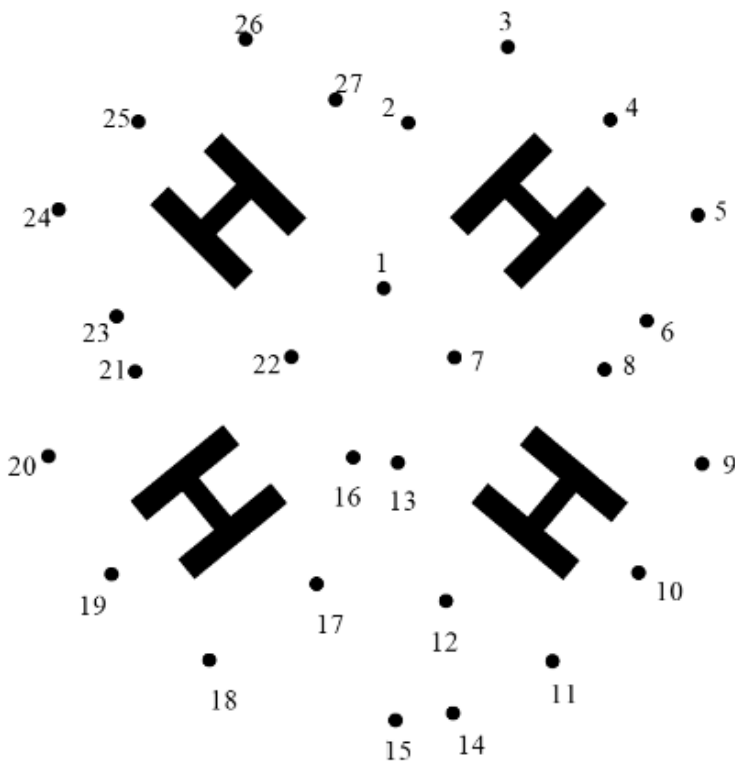
To Make
the Best
Better



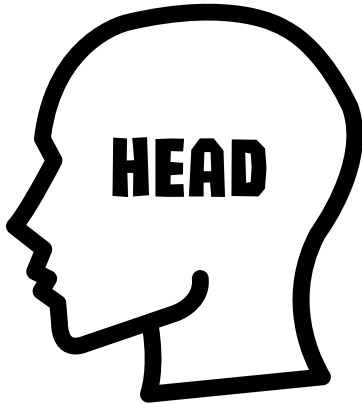
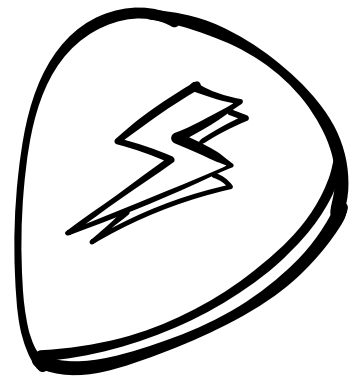
THE 4-H EMBLEM



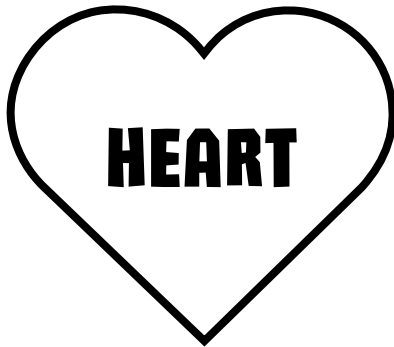
THE CLOVER IS THE 4-H EMBLEM. THE GREEN FOUR LEAF CLOVER HAS A WHITE H ON EACH LEAF TO REPRESENT EACH OF THE FOUR H'S THAT ARE REPRESENTED IN 4-H: HEAD, HEART, HANDS, AND HEALTH. CAN YOU CONNECT THE DOTS TO RECREATE THE 4-H EMBLEM? HINT: IT SHOULD LOOK LIKE THE GREEN CLOVER TO THE RIGHT!



WHAT DOES EACH “H” STAND FOR?



**WE USE OUR HEADS TO SOLVE PROBLEMS!
WE ARE ALSO ALWAYS LEARNING
SOMETHING IN 4-H!**



**WE EACH HAVE A PLACE IN 4-H. WE
LEARN COMPASSION AND SELF-
DISCIPLINE IN 4-H!**



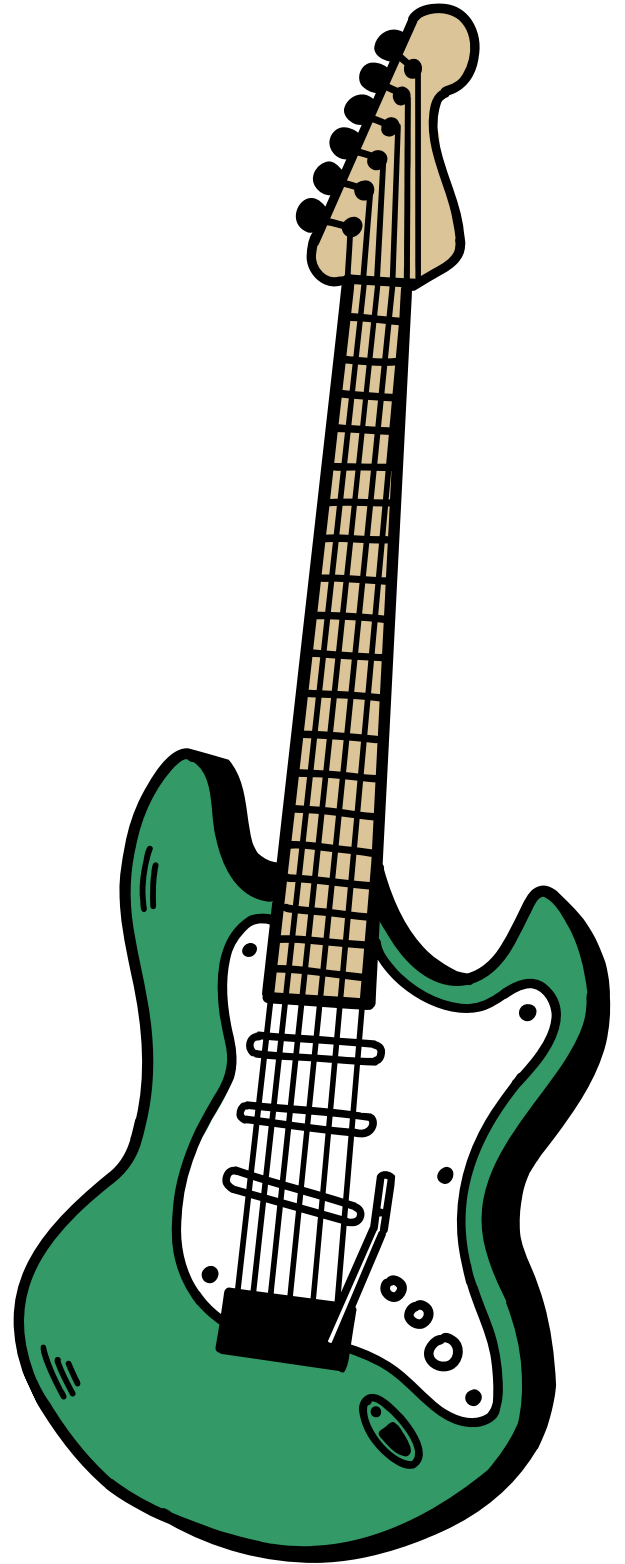
**WE USE OUR HANDS TO GIVE BACK
TO OTHERS IN OUR COMMUNITY AND
OUR WORLD THROUGH SERVICE!**



**WE LEARN TO MAKE HEALTHY
CHOICES THROUGH 4-H!**

MONTHLY ACTIVITIES FOR 2025-2026

- 1. VETERINARY SCIENCE**
- 2. SHOPPING IN STYLE**
- 3. DAIRY CATTLE**
- 4. FORESTRY**
- 5. GEOLOGY**
- 6. ENTOMOLOGY**
- 7. READING ADVENTURES**
- 8. WILDLIFE**
- 9. CIVIC ENGAGEMENT**
- 10. RENEWABLE ENERGY**
- 11. PHOTOGRAPHY**
- 12. PERFORMING ARTS**



ACTIVITY ONE: VET SCIENCE

CARING FOR ANIMALS

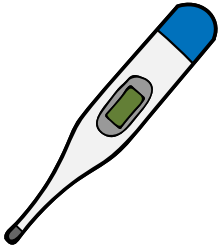


THE 4-H VETERINARY SCIENCE PROJECT PROVIDES AN EXCELLENT WAY FOR YOUNG PEOPLE WHO CARE FOR ANIMALS AND MAY WANT TO FOLLOW A CAREER IN VETERINARY MEDICINE, EXPLORE THE TOPIC. IN THIS PROJECT, MEMBERS WILL LEARN ABOUT ANIMAL HEALTH, BEHAVIOR, AND VISIT WITH VETERINARIANS. YOU DO NOT HAVE TO OWN AN ANIMAL TO BE IN THIS PROJECT.

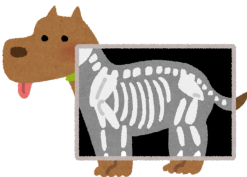
SIMILARLY TO WHEN YOU GO TO THE DOCTOR WHEN YOU ARE SICK, A VETERINARIAN HELPS AN ANIMAL WHEN THEY ARE SICK OR INJURED. BELOW ARE FIVE ITEMS A VET MIGHT USE DURING AN ANIMAL'S VISIT. DRAW A LINE BETWEEN THE ITEM AND WHAT THE ITEM IS USED FOR. AFTER YOU HAVE MATCHED ALL THE ITEMS, IF YOU HAVE SOME OF THESE ITEMS AND YOU WANT TO GIVE A STUFFERD ANIMAL A VET CHEK UP, FEEL FREE!



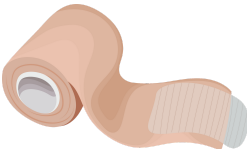
X-RAY- USED TO TAKE A "PICTURE" OF THE INSIDE OF THE BODY TO CHECK ON BONES



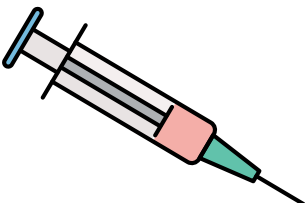
BANDAGES- USED ON CUTS AND WOUNDS TO MAKE SURE THAT THE INJURY STAYS COVERED AND HEALS PROPERLY



SYRINGE- USED TO GIVE ANIMALS MEDICINE TO HELP THEM FEEL BETTER



STETHOSCOPE- USED TO CHECK AN ANIMAL'S HEART BEAT AND LUNGS



THERMOMETER- USED TO CHECK AN ANIMAL'S TEMPERATURE OR TO SEE IF THEY HAVE A FEVER

ACTIVITY TWO: SHOPPING IN STYLE

READING THE LABEL

IN SHOPPING IN STYLE, YOUTH WILL LEARN A LOT ABOUT CLOTHING. YOUTH WILL LEARN WHAT LOOKS BEST ON THEM AND THE BEST WAYS TO BUILD A VERSATILE WARDROBE WHILE STAYING WITHIN THEIR BUDGET. IN ADDITION, YOUTH WILL BE ABLE TO IDENTIFY THEIR CLOTHING NEEDS. FINALLY, YOUTH WILL LEARN TO "PUT IT ALL TOGETHER" AND TO PRESENT THEMSELVES WITH CONFIDENCE. AS YOU CAN SEE, THERE'S A LOT TO LEARN, SO GET READY TO GO SHOPPING IN STYLE!



FOR THIS ACTIVITY, YOU ARE GOING TO NEED A PIECE OF YOUR CLOTHING! INSIDE YOUR PIECE OF CLOTHING, YOU SHOULD FIND A TAG. THIS TAG WILL TELL YOU HOW TO WASH THE GARMENT! LET'S FIGURE OUT THE BEST WAY TO CLEAN YOUR ARTICLE!

HOW SHOULD YOU WASH YOUR GARMENT?

- A. MACHINE WASH
- B. HAND WASH
- C. DRY CLEAN
- D. DO NOT WASH

WHAT TEMPERATURE SHOULD YOU WASH YOUR GARMENT?

- A. COLD WATER
- B. WARM WATER
- C. HOT WATER

WHAT COLOR SHOULD YOU SORT YOUR GARMENT WITH WHEN WASHING OTHER CLOTHES?

- A. WHITES
- B. LIGHTS
- C. DARKS

HOW SHOULD YOU DRY YOUR GARMENT?

- A. TUMBLE DRY, LOW
- B. TUMBLE DRY, MEDIUM
- C. TUMBLE DRY, HIGH
- D. LINE DRY/HANG TO DRY
- E. LAY FLAT TO DRY



ACTIVITY THREE: DAIRY CATTLE

MILKING GLOVE

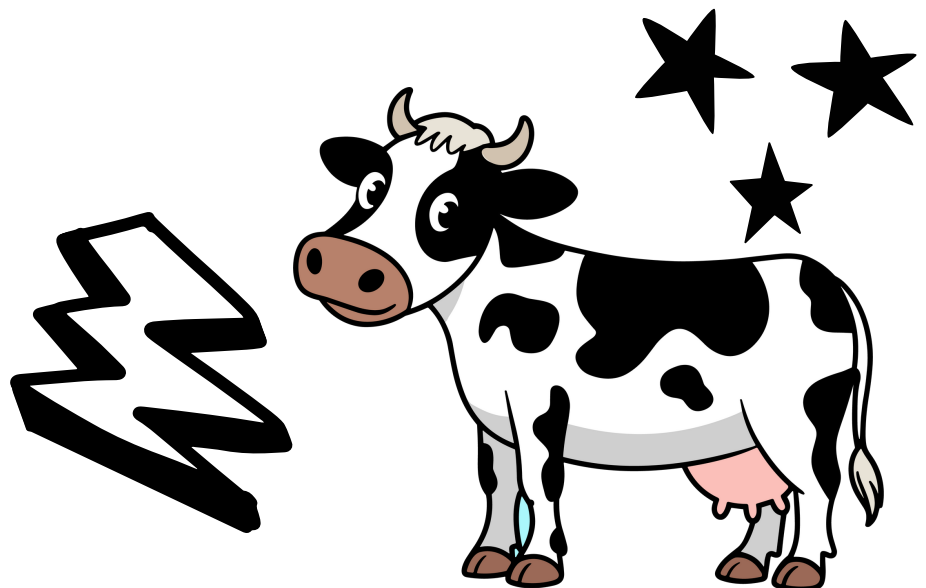
GOT MILK? THE DAIRY PROJECT IS FOR YOUTH WANTING TO LEARN MORE ABOUT CARING, RAISING AND MANAGING DAIRY ANIMALS. GET STARTED WITH A HEIFER CALF OR YEARLING HEIFER AND LEARN HOW TO SELECT, LEAD AND SHOW. 4-H MEMBERS WITH MATURE COWS LEARN ABOUT FEEDING AND MILK PRODUCTION.

DO YOU KNOW WHERE YOUR MILK COMES FROM? THAT'S RIGHT... DAIRY CATTLE! TODAY WE ARE GOING TO RECREATE WHAT IT IS LIKE TO MILK A COW! FOR THIS ACTIVITY, YOU WILL NEED A NITRILE GLOVE, WATER, A NEEDLE, A BUCKET OR BOWL, AND A LIQUID MEASURING CUP!

TO START, SCAN THE QR CODE TO WATCH A YOUTUBE VIDEO OF A PROFESSIONAL MILKING A COW:



- 1. FILL NITRILE/LATEX GLOVES (WITH THE THUMB TAPED DOWN) WITH WATER.**
- 2. HANG GLOVES UNDER A FOLDING TABLE WITH A BOWL UNDERNEATH OR HAVE AN ADULT HOLD THEM. USING A NEEDLE, MAKE SMALL HOLES IN THE FINGERTIPS OF THE GLOVE; TRY TO SWIRL THE NEEDLE AROUND A LITTLE TO MAKE THE HOLES A BIT BIGGER BUT NOT SO BIG THE WATER JUST FLOWS OUT.**
- 3. MILK THE COW BY SQUEEZING AND PULLING ON EACH GLOVE FINGER.**
- 4. POUR THE "MILK" INTO A MEASURING CUP TO SEE HOW MUCH YOU MILKED!**



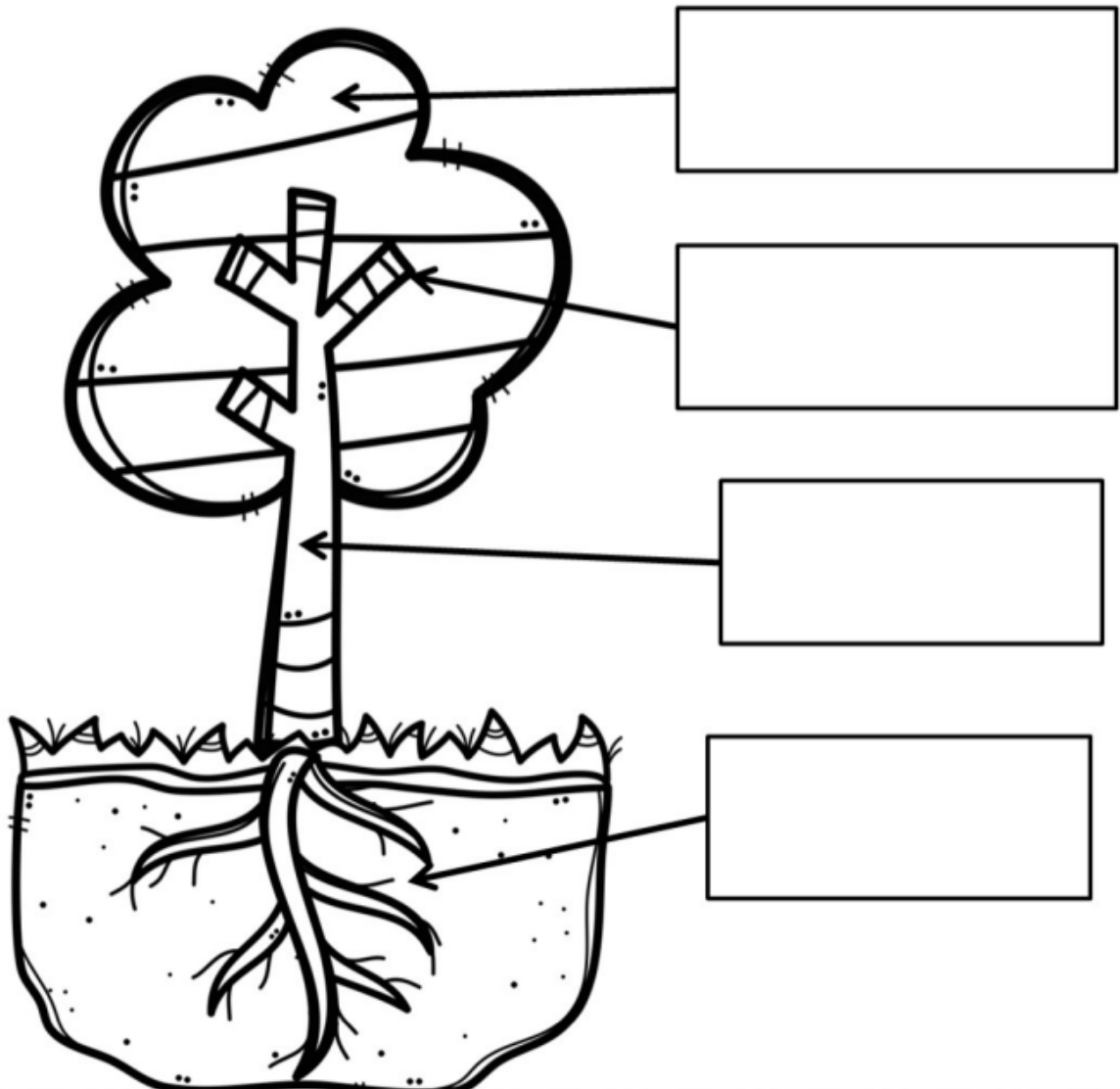
ACTIVITY FOUR: FORESTRY

LABELING TREES AND COLLECTING LEAVES

DIVE INTO THE FASCINATING WORLD OF TREES, ECOSYSTEMS, AND CONSERVATION PRACTICES WITH THE FORESTRY PROJECT. YOU WILL EXPLORE TOPICS LIKE TREE IDENTIFICATION AND FOREST HEALTH, WHILE GAINING HANDS-ON EXPERIENCE IN MEASURING TREES, MAPPING FORESTS, AND UNDERSTANDING THE ENVIRONMENTAL IMPACT OF FOREST ACTIVITIES.

LABEL THE PARTS OF THE TREE ON THE DRAWING USING THE IMPORTANT WORDS AT THE BOTTOM OF THE PAGE! AFTER YOU HAVE LABELED IT, GO ON A LEAVE AND STICK HUNT! LOOK FOR ENOUGH STICKS AND LEAVES TO GLUE TO YOUR TREE!

Parts of a Tree



ROOTS

BRANCHES

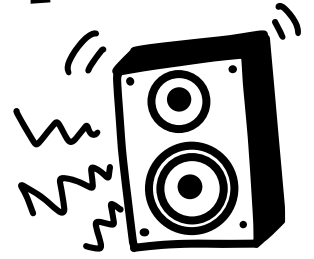
LEAVES

TRUNK



ACTIVITY FIVE: GEOLOGY

ROCK HUNT



DID YOU FIND A ROCK AT THE PARK AND DON'T KNOW WHAT KIND IT IS? WHAT ABOUT FOSSILS? IF YOU WOULD LIKE TO LEARN MORE ABOUT ROCKS, MINERALS AND FOSSILS, THEN DIVE INTO THE GEOLOGY PROJECT! DISCOVER THE TYPES OF MINERALS, ROCKS AND FOSSILS THAT CAN BE FOUND WHERE YOU LIVE. LEARN ABOUT GEOLOGICAL FORMATIONS ACROSS THE STATE AND IN OTHER STATES.

GROW YOUR ROCK COLLECTION ON THIS SCAVENGER HUNT! TRY TO FIND A ROCK FOR EACH OF THE FOLLOWING CATEGORIES. AFTER YOU FIND THEM, YOU CAN CUT THESE SQUARES OUT AND PASTE THEM ON A SHOE BOX. THEN DISPLAY YOUR ROCKS ON TOP!

**FIND A ROCK THAT IS BIGGER
THAN YOUR HAND!**

FIND A ROCK THAT IS WHITE!

FIND A ROCK THAT IS SMOOTH!

**FIND A ROCK THAT HAS MORE
THAN ONE COLOR!**

FIND A ROCK WITH SPECKLES!

**FIND A ROCK THAT IS THE
SIZE OF A QUARTER!**

ACTIVITY SIX: ENTOMOLOGY

THE LIFE CYCLE OF A BUTTERFLY

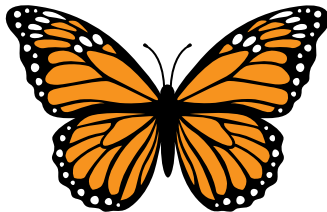
HAVE YOU CHASED BUTTERFLIES OR CAUGHT A LADYBUG TO GET A CLOSER LOOK? DO YOU THINK COLLECTING BUGS IS A GREAT WAY TO SPEND YOUR TIME? THEN THE 4-H ENTOMOLOGY PROJECT IS RIGHT UP YOUR ALLEY. YOUTH WILL LEARN ABOUT THE WORLD OF INSECTS IN SOIL, ON PLANTS, IN HOMES, ON PETS AND OTHER SECRET PLACES.

BUTTERFLIES HAVE 4 STAGES. CAN YOU FIGURE OUT THE CORRECT ORDER OF THE LIFE CYCLE OF A BUTTERFLY? ON THE LINE UNDERNEATH EACH PICTURE, DECIDE IF THAT STAGE IS FIRST, SECOND, THIRD, OR FOURTH IN THE SEQUENCE.

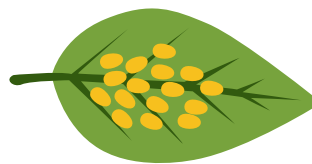
CATERPILLAR



BUTTERFLY

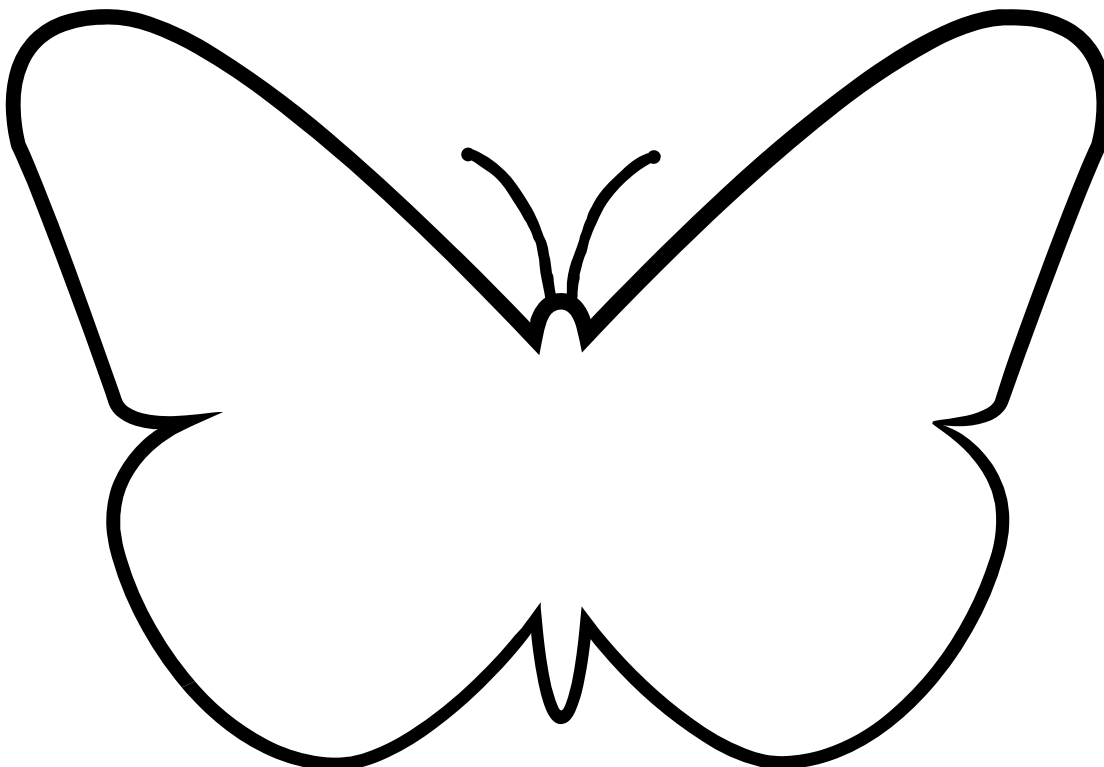


EGGS



CHRYSALIS





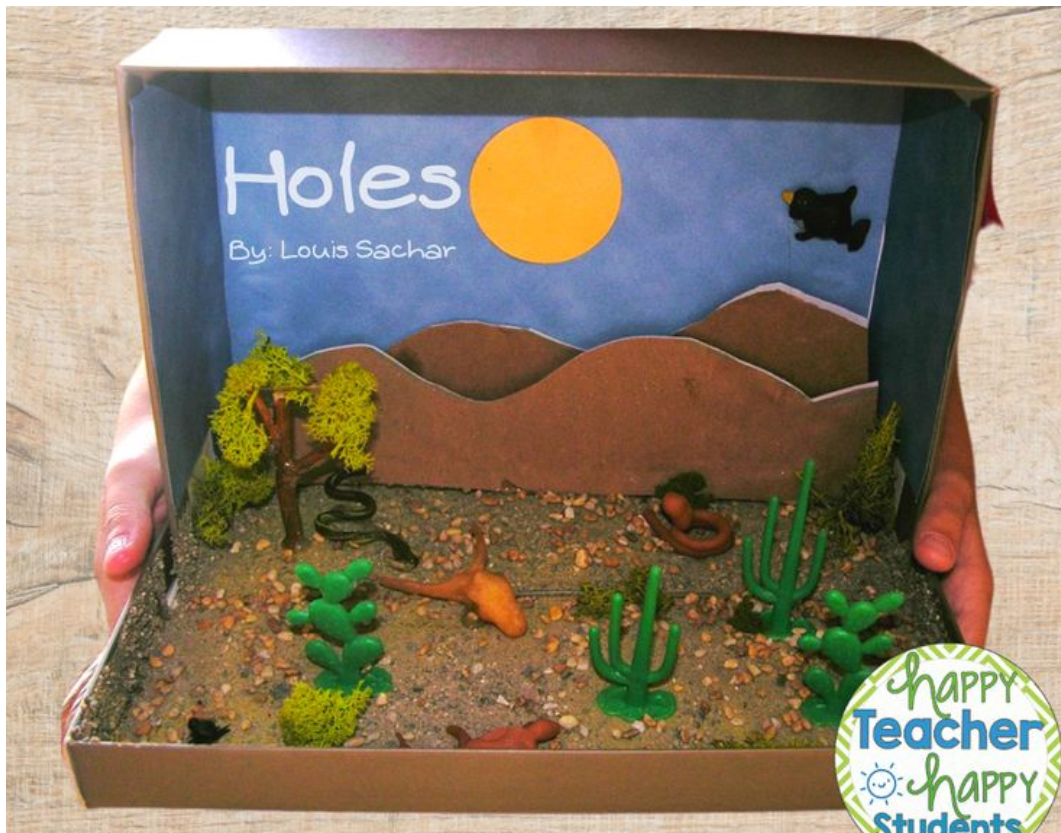
BUTTERFLIES WINGS ARE SYMMETRICAL. THIS MEANS THEY ARE THE SAME ON BOTH SIDES. CAN YOU DECORATE YOUR BUTTERFLY SYMMETRICALLY?

ACTIVITY SEVEN: READING ADVENTURES

CREATE A DIORAMA



DO YOU ENJOY A GOOD BOOK? DO YOU LIKE TO READ OR STUDY OTHER PROJECT AREAS IN 4-H? TAKE YOUR READING SKILLS TO THE NEXT LEVEL AND CHECK OUT THE DIFFERENT LEARNING OPPORTUNITIES WITH THIS PROJECT.



FOR THIS PROJECT, READ YOUR FAVORITE BOOK AND THEN MAKE A SHOEBOX DIORAMA TO SHOWCASE WHAT HAPPENS IN THE STORY!

- 1. PICK YOUR FAVORITE SCENE IN THE BOOK**
- 2. FIGURE OUT WHAT IS HAPPENING IN THE SCENE**
- 3. WHO IS IN THE SCENE?**
- 4. MAKE A REPLICA OF THE SCENE IN A SHOE BOX. ADD THE BACKGROUND, CHARACTERS, ETC.**
- 5. USE WHATEVER MATERIALS YOU HAVE AVAILABLE, GET CREATIVE!**

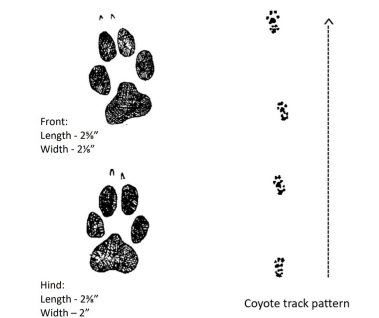
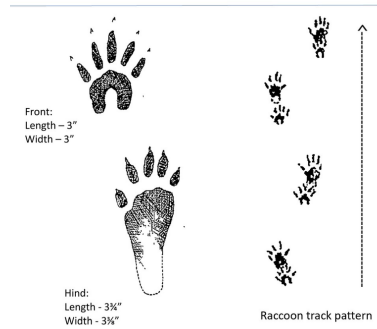
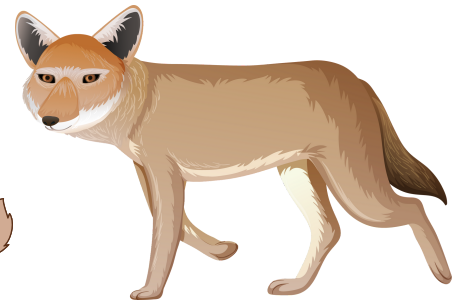
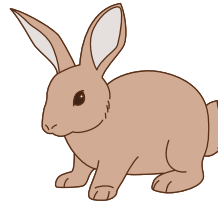
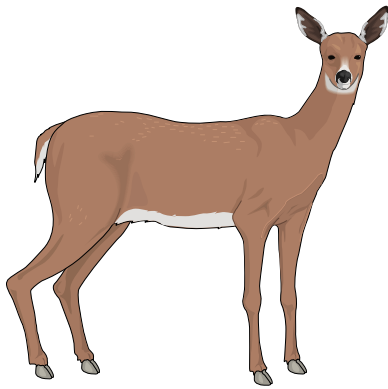
ACTIVITY EIGHT: WILDLIFE

MAKE YOUR OWN ANIMAL TRACKS



KANSAS WILDLIFE IS AN IMPORTANT PART OF OUR STATE HERITAGE AND ENVIRONMENT RANGING FROM BUFFALO AND BIRDS TO FISH, DEER AND MORE. IN THIS PROJECT YOU WILL LEARN ABOUT WILDLIFE BEHAVIOR, HABITAT REQUIREMENTS, HOW WILDLIFE SPECIES FIT INTO NATURE'S SCHEME, HOW THEY ARE MANAGED, AND HOW THEY RELATE TO HUMANS.

BELOW ARE NATIVE ANIMALS TO KANSAS AND THE TRACKS THAT THEY MAKE. PICK ONE ANIMAL AND THEIR TRACK AND TRY TO REPLICATE THE TRACKS IN A SALT DOUGH MOLD!



MATERIALS:

- **2 CUPS FLOUR (USE WHEAT FLOUR TO MAKE A DARKER DOUGH THAT LOOKS MORE NATURAL)**
- **1 CUP SALT**
- **1/2 CUP WARM WATER**

INSTRUCTIONS

- 1. MIX THE FLOUR, SALT, AND WARM WATER TOGETHER TO MAKE THE SALT DOUGH.**
- 2. MAKE A SMALL BALL OF DOUGH, THEN PRESS IT FLAT WITH THE PALM OF YOUR HAND. YOU CAN ALSO ROLL ALL THE DOUGH OUT WITH A ROLLING PIN AND USE A COOKIE CUTTER TO GET THE CIRCLE SHAPE.**
- 3. REPLICATE THE TRACKS INTO THE DOUGH.**
- 4. LINE UP ALL YOUR "FOSSILS" ON A BAKING SHEET AND BAKE ON 250 DEGREES FOR 1-2 HOURS. REMOVE ONCE THEY ARE HARD. OR LEAVE TO HARDEN IN THE SUN FOR A FEW DAYS!**

ACTIVITY NINE: CIVIC ENGAGEMENT

GIVE BACK TO YOUR COMMUNITY

THE CIVIC ENGAGEMENT PROJECT IS DESIGNED TO HELP MEMBERS FIND OUT MORE ABOUT THEMSELVES, FAMILY, FRIENDS, COMMUNITY AND WORLD. THE PROJECT WILL LEAD TO OPPORTUNITIES FOR MEETING PEOPLE AND WORKING WITH GROUPS. HAVE FUN LEARNING ABOUT OTHER COUNTRIES AND CULTURES!

THE "HANDS" H IN 4-H ADVISES THAT WE USE OUR HANDS TO GIVE BACK TO OTHERS IN OUR COMMUNITY AND OUR WORLD THROUGH SERVICE!

TAKE THE TIME TO DO SOME SORT OF COMMUNITY SERVICE THIS MONTH! MAKE CARDS FOR THE NURSING HOME, DONATE FOOD TO A FOOD BANK, CLEAN UP A PARK, GET CREATIVE!

AFTER YOU HAVE GIVEN BACK TO YOUR COMMUNITY, REFLECT. HOW DID IT FEEL TO HELP SOMEONE WHO MIGHT HAVE NEEDED YOUR HELP? HOW DID IT FEEL TO HELP MAKE THE COMMUNITY YOU LIVE IN LOOK PRETTIER? DID YOU ENJOY GIVING YOUR TIME TO HELP OTHERS?



ACTIVITY TEN: RENEWABLE ENERGY

CREATE YOUR OWN WIND TURBINE

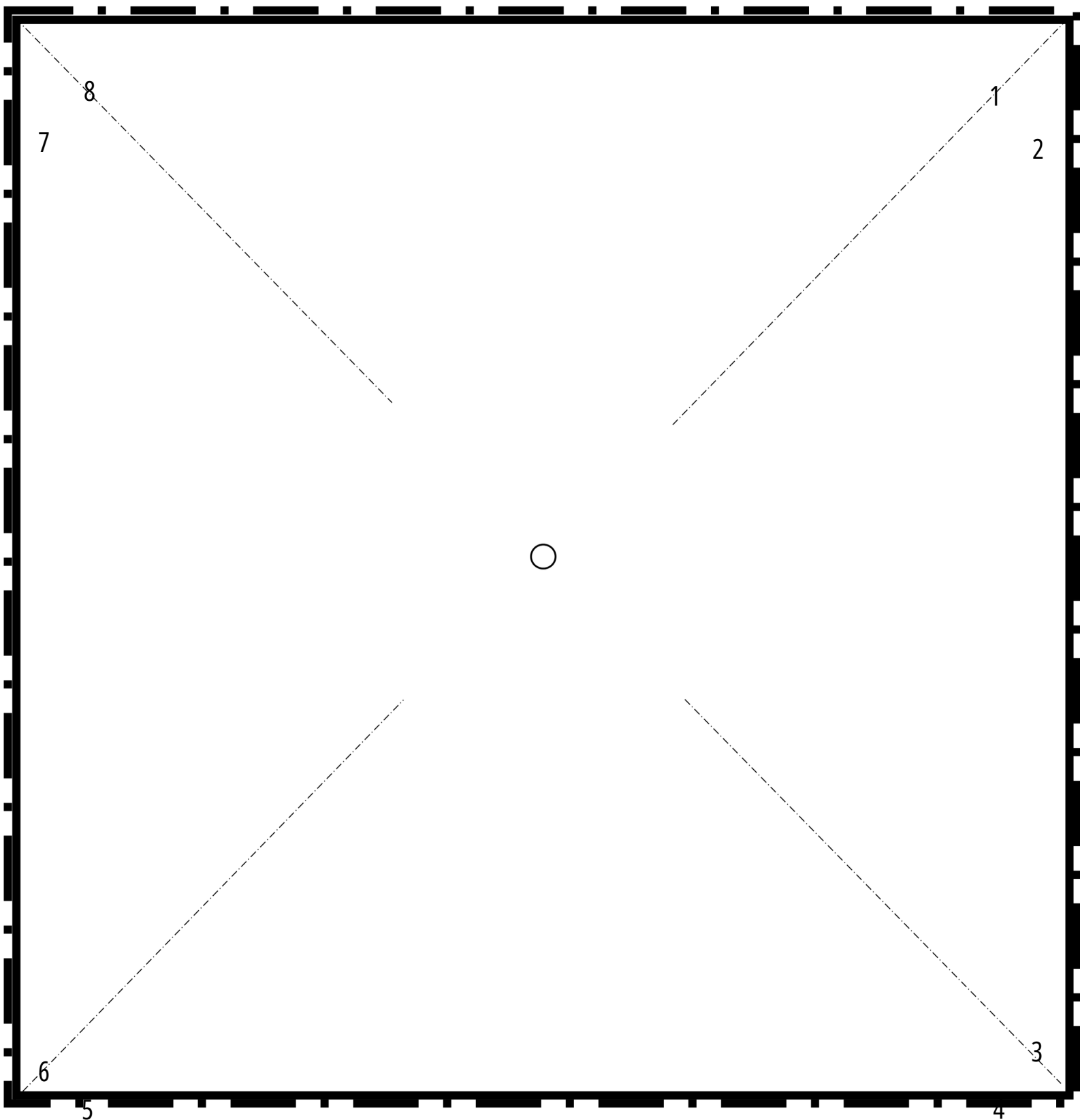
THE ELECTRIC & RENEWABLE ENERGY PROJECT DEVELOPS SKILLS RELATED TO SAFE PRACTICES, PROPER USE OF FUSES AND CIRCUIT BREAKERS, PROPER LIGHTING TECHNIQUES, PROPER WIRING TECHNIQUES. YOUTH WILL ALSO HAVE THE OPPORTUNITY FOR HANDS-ON EXPERIENCES AND KNOWLEDGE THEY WILL USE IN THE FUTURE. THEY WILL EXPERIENCE TECHNOLOGY FIRSTHAND WHILE LEARNING COMMUNICATION AND DECISION-MAKING SKILLS.

WIND IS A NATURAL ENERGY SOURCE BECAUSE IT IS NOT MADE BY MAN. HOWEVER, EXPERTS HAVE TURNED WIND INTO ENERGY FOR THINGS SUCH AS ELECTRICITY BY USING FIXTURES CALLED WIND TURBINES THAT USE THE WIND TO CREATE THAT ENERGY. THIS IS ALSO CALLED CLEAN ENERGY BECAUSE WIND TURBINES DO NOT RELEASE ANY HARMFUL CHEMICALS WHEN CREATING ENERGY. TODAY WE WILL MAKE OUR OWN WIND TURBINES. FOLLOW THE INSTRUCTIONS BELOW AND USE THE TEMPLATES ON THE NEXT TWO PAGES (PRINTED BACK TO BACK).

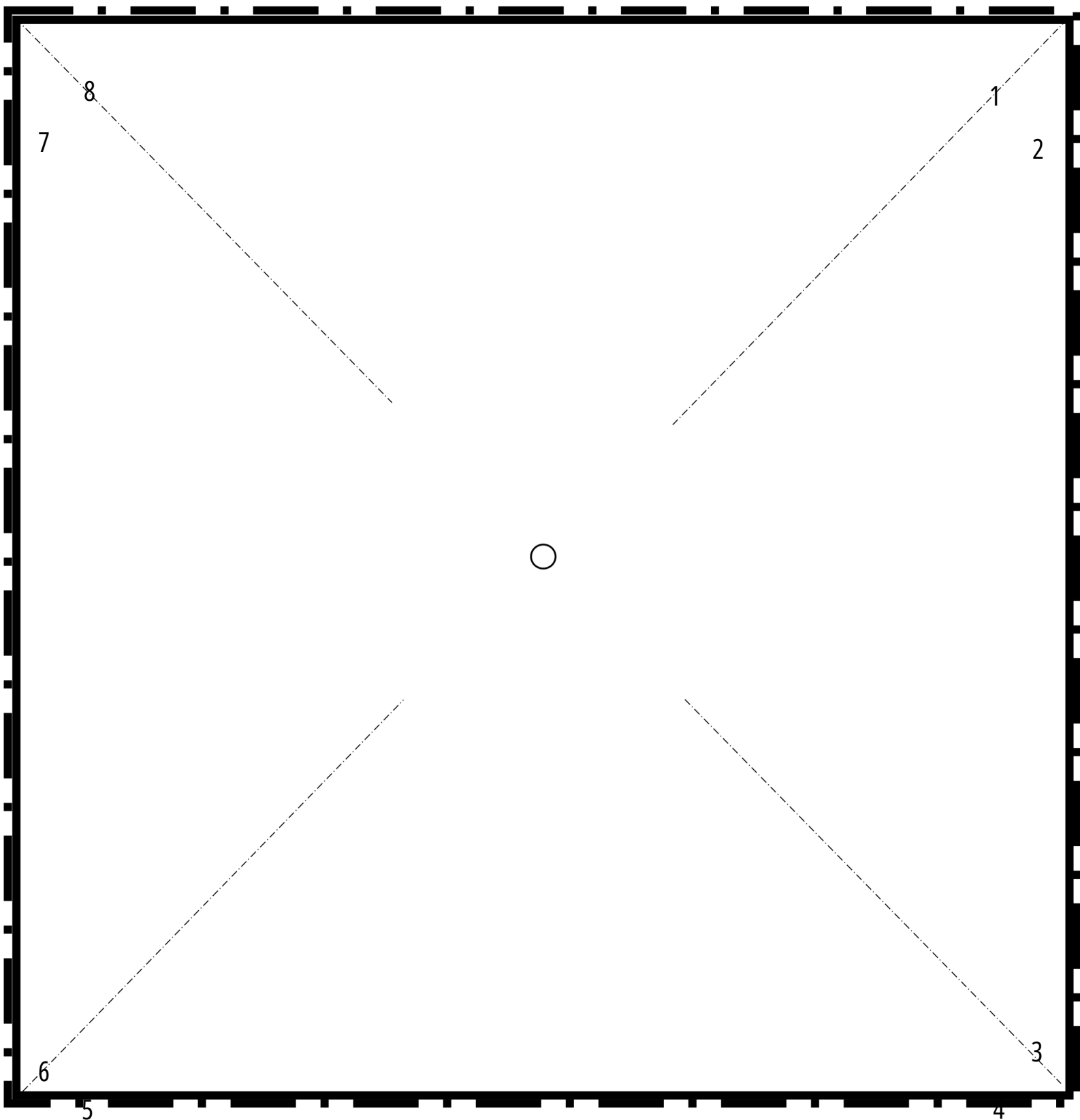
MATERIALS

- 1 PRINTOUT OF THE PINWHEEL TEMPLATE BACK TO BACK**
- A PAIR OF SCISSORS TO CUT THE TEMPLATE**
- LONG PENCIL WITH A RUBBER ERASER TOP**
- 1 PUSH PIN**
- TAPE**
- COLORING UTENSILS**





1. PRINT OUT THE TEMPLATE ON A BLANK PAGE BACK TO BACK
2. DECORATE BOTH SIDES OF THE PAPER (PAINT, PASTELS, MARKERS, PENCIL CRAYONS ETC.)
3. CUT ALONG ALL DOTTED LINES (AROUND THE SQUARE AND THE DIAGONAL LINES INSIDE THE SQUARE)
4. WITHOUT FOLDING THE PAPER, PULL ALL ODD NUMBER ENDS (1, 3, 5, 7) TOWARDS THE MIDDLE CIRCLE OF THE PAGE.
5. TAPE THE ENDS IN THE MIDDLE AND ENSURE THE TAPE CAN HOLD THE ENDS TOGETHER.



6. POKE THE PUSH PIN THROUGH THE MIDDLE CIRCLE. MAKE SURE THE PUSH PIN GOES THROUGH ALL THE TAPED ENDS TOO!

7. PLACE THE PENCIL ON THE BACK SIDE OF THE PINWHEEL AND POKE THE PUSH PIN THROUGH THE ERASER OF THE TOP OF THE PENCIL. DO NOT SECURE TIGHTLY. ENSURE THERE IS ADEQUATE SPACING BETWEEN THE RUBBER ERASER AND THE BACK OF THE PAPER OF THE PINWHEEL TO ALLOW FOR PINWHEEL TO SPIN.

ACTIVITY ELEVEN: PHOTOGRAPHY

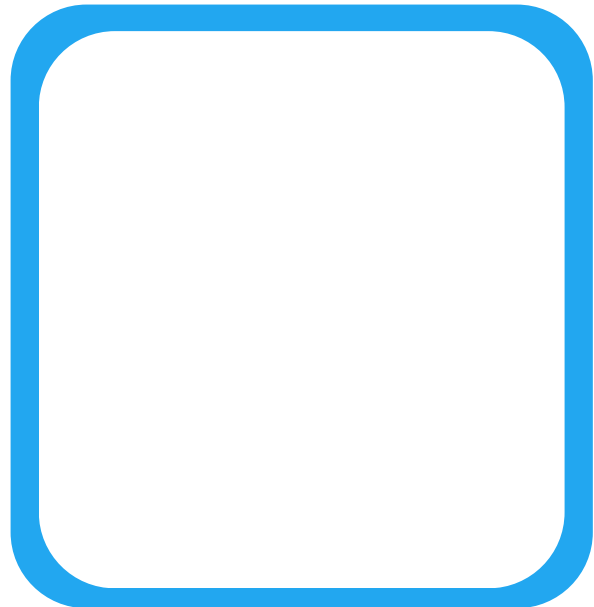
CAPTURE YOUR FRIENDS, FAMILY AND IMPORTANT EVENTS THROUGH PHOTOGRAPHY. LEARN ABOUT BASIC AND ADVANCED FILM CAMERAS, AND/OR DIGITAL CAMERAS, AND HOW TO PLAN, COMPOSE, LIGHT AND EXHIBIT YOUR PHOTOS. ADVANCE INTO WIDE-ANGLE AND TELEPHOTO LENSES, FILTERS, LIGHT METERS AND COMPUTER ENHANCEMENT.



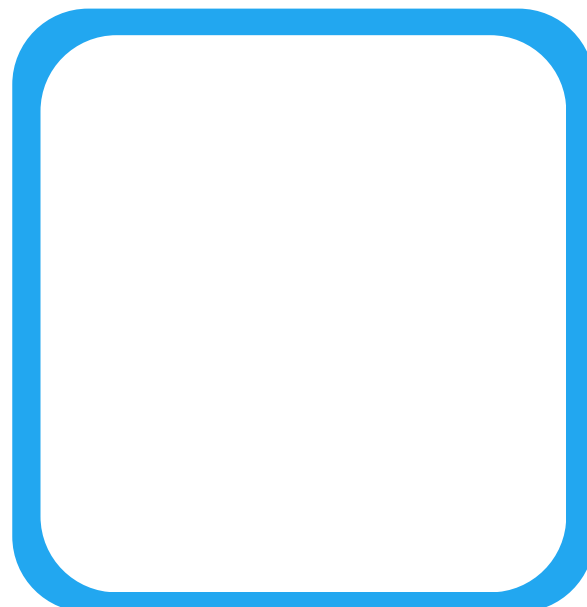
DID YOU KNOW? A SUBJECT IS WHATEVER YOU ARE TAKING A PICTURE OF! TAKE A PICTURE OF YOURSELF AND THREE OF YOUR FAVORITE THINGS WITH AN ADULT'S HELP! PRINT OFF THE PHOTOS AND TELL US WHAT THE SUBJECTS ARE!



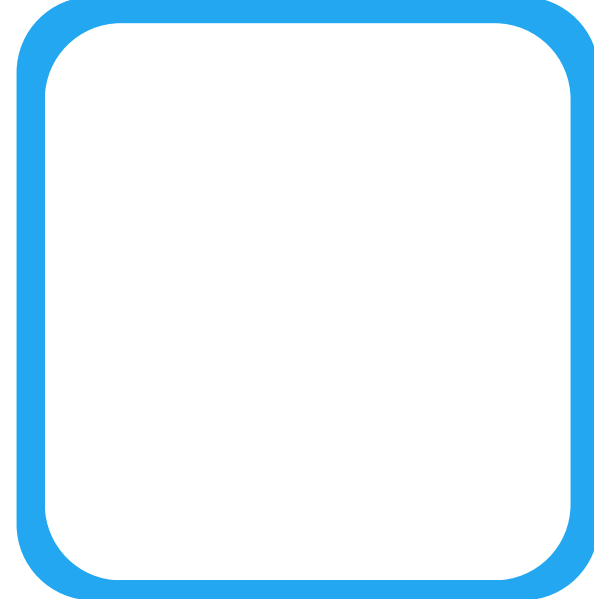
SUBJECT:



SUBJECT:



SUBJECT:



SUBJECT:



ACTIVITY TWELVE: PERFORMING ARTS

DO YOU ENJOY BEING IN THE SPOTLIGHT? DO YOU LIKE TO BE CREATIVE WHILE PERFORMING ON-STAGE OR SETTING UP BACKSTAGE? THEN YOU SHOULD JUMP INTO THIS PROJECT! YOU WILL LEARN TO EXPRESS YOURSELF IN FRONT OF A CROWD EITHER ON-STAGE, BACKSTAGE, AS A PUPPETEER OR WRITING YOUR OWN SCRIPT.

THE PERFORMING ARTS PROJECT INCLUDES PLAYING A MUSICAL INSTRUMENT! TODAY WE WILL MAKE OUR OWN!

WHAT YOU WILL NEED

- 1 PLASTIC EASTER EGG
- A HANDFUL OF BEADS
- 2 PLASTIC SPOONS
- TAPE



- 1.OPEN THE EASTER EGG AND PLACE THE BEADS INSIDE
- 2.CLOSE THE EASTER EGG AND PLACE A PLASTIC SPOON ON EITHER SIDE OF THE EGG
- 3.TAPE THE SPOONS TO THE EGG GOING AROUND THE EGG SEVERAL TIMES
- 4.GIVE IT A GOOD SHAKE TO MAKE SURE EVERYTHING IS SECURE.
- 5.ENJOY YOUR EASTER EGG MARACA AND MAKE SOME MUSIC!



ADDITIONAL PROJECTS

KANSAS 4-H OFFERS 46 PROJECTS IN 7 DIFFERENT PROJECT AREAS. SEE THE ENTIRE LIST OF PROJECTS BELOW!

FIND MORE INFORMATION ABOUT THE PROJECTS AT [HTTPS://WWW.KANSAS4-H.ORG/PROJECTS/](https://www.kansas4-h.org/projects/)

NATURAL RESOURCES

- ENVIRONMENTAL SCIENCE
- GEOLOGY
- SHOOTING SPORTS
- WILDLIFE

PLANT SCIENCE

- AGRONOMY
- ENTOMOLOGY
- FORESTRY
- HORTICULTURE & LANDSCAPE DESIGN

FAMILY AND CONSUMER SCIENCES

- FAMILY STUDIES
- FIBER ARTS (INCLUDES 9 PROJECTS)
- FOODS & NUTRITION
- HEALTH & WELLNESS
- SEWING & TEXTILE DESIGN
- SHOPPING IN STYLE

ANIMAL SCIENCE

- BEEF
- DAIRY CATTLE
- DAIRY GOAT
- DOG
- HORSE
- MEAT GOAT
- PETS
- POULTRY
- RABBIT
- SHEEP
- SWINE
- VETERINARY SCIENCE

COMMUNICATION & EXPRESSIVE ARTS

- COMMUNICATIONS
- INTERIOR DESIGN & ARCHITECTURE
- PERFORMING ARTS
- PHOTOGRAPHY
- VISUAL ARTS

LEADERSHIP & PERSONAL DEVELOPMENT

- CIVIC ENGAGEMENT
- ENTREPRENEURSHIP
- LEADERSHIP
- READING ADVENTURES
- SELF-DETERMINED

ENGINEERING & TECHNOLOGY

- AEROSPACE/ROCKETRY
- AG MECHANICS WELDING
- ASTRONOMY
- BUILDING BLOCKS ENGINEERING
- COMPUTER SCIENCE
- ELECTRIC & RENEWABLE ENERGY
- ROBOTICS
- SMALL ENGINES
- UNCREWED AIRCRAFT SYSTEMS
- WOODWORKING



WHAT PROJECTS INTEREST YOU?

1. _____

2. _____

3. _____

CLOVERBUD FAIR RULES

- 1. 4-H CLOVERBUDS MAY EXHIBIT OR SHOWCASE AGE-APPROPRIATE ACTIVITY ITEMS FROM THEIR 4-H CLOVERBUD EXPERIENCES.**
- 2. THE CLOVERBUD MAY SHOWCASE A PRODUCT, POSTER, OR NOTEBOOK FOR A SHOW AND TELL DISPLAY.**
- 3. A 4-H CLOVERBUD MAY SHOWCASE A PET FROM THE APPROVED LIST DURING HIS/HER SHOW AND TELL. PETS CANNOT BE INCLUDED IN OVERNIGHT EXHIBITS. NO LIVESTOCK MAY BE EXHIBITED.**
- 4. THE CLOVERBUD MAY NOT PARTICIPATE AS A COMPETITIVE EXHIBITOR AND IS NOT ELIGIBLE TO RECEIVE PREMIUMS OR AWARDS. A 4-H CLOVERBUD MAY RECEIVE A 4-H CLOVERBUD RIBBON OR PARTICIPATION AWARD**

WASHINGTON CO. FAIR
TBD

CLOUD CO. FAIR
JULY 14-19, 2026

CLAY CO. FAIR
JULY 21-26, 2026

REPUBLIC CO. FAIR
JULY 27- AUG. 2, 2026

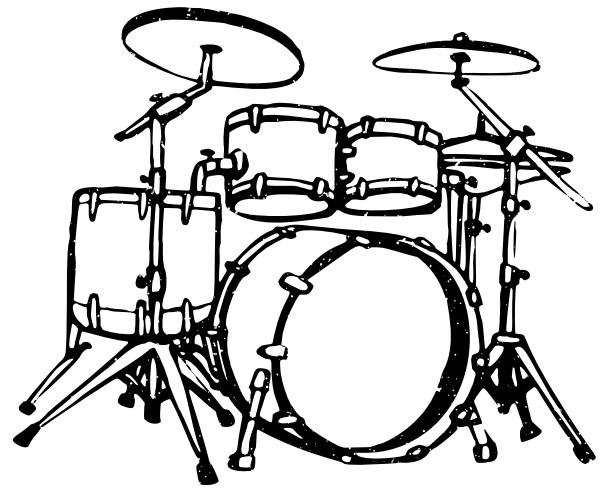


SHOW US A PHOTO OF YOU AT THE FAIR!



**Let's
ROCK**

LET'S TAKE A LOOK BACK AT YOUR YEAR AS A CLOVERBUD!



**WHAT ARE SOME
THINGS YOU LEARNED
AS A CLOVERBUD?**

1. _____
2. _____
3. _____

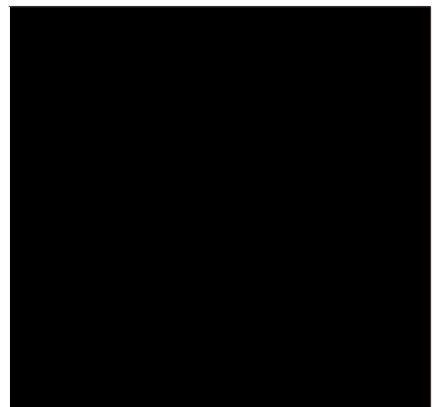
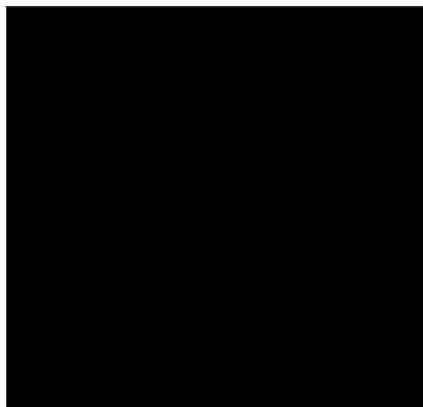
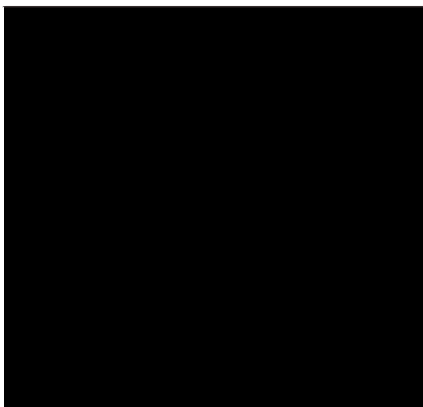
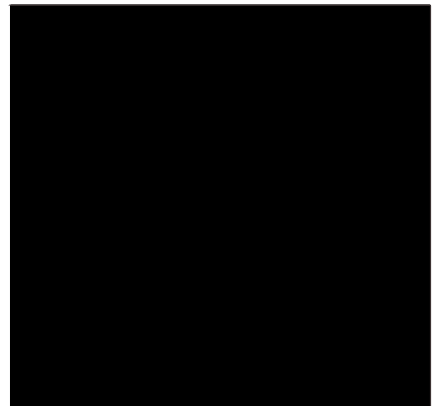
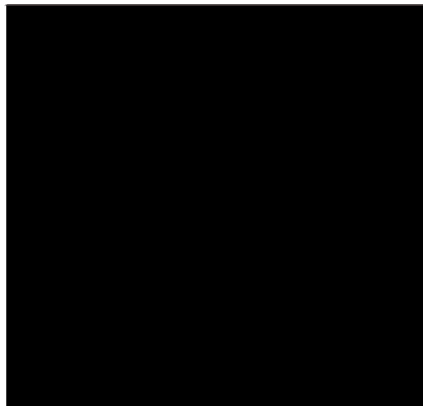
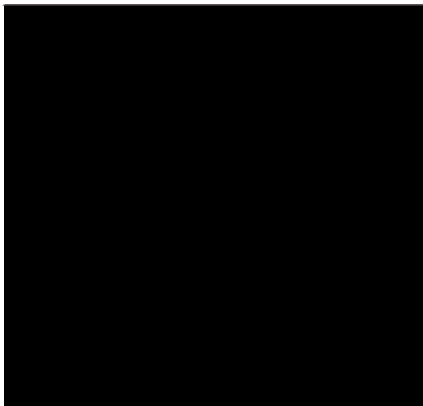
**WHAT WAS YOUR
FAVORITE PART OF
BEING A CLOVERBUD?**

1. _____
2. _____
3. _____

CLUB LEADER SIGNATURE: _____ DATE: _____



CUT & GLUE/TAPE PHOTOS OF YOU THROUGHOUT YOUR YEAR AS A CLOVERBUD. PICTURES CAN INCLUDE CLUB PHOTOS, FAIR PHOTOS, ACTIVITIES, OR EVENTS THAT YOU PARTICIPATED IN THIS YEAR.



WE ARE SO HAPPY YOU JOINED US!

**SIGN UP TO PARTICIPATE IN 4-H NEXT YEAR ON OCTOBER 1, 2026.
RE-ENROLL BY VISITING [HTTPS://V2.4HONLINE.COM](https://v2.4honline.com)**



K-STATE RESEARCH AND EXTENSION IS COMMITTED TO PROVIDING EQUAL OPPORTUNITY FOR PARTICIPATION IN ALL PROGRAMS, SERVICES AND ACTIVITIES. PROGRAM INFORMATION MAY BE AVAILABLE IN LANGUAGES OTHER THAN ENGLISH. REASONABLE ACCOMMODATIONS FOR PERSONS WITH DISABILITIES, INCLUDING ALTERNATIVE MEANS FOR COMMUNICATION (E.G., BRAILLE, LARGE PRINT, AUDIO TAPE, AND AMERICAN SIGN LANGUAGE) MAY BE REQUESTED BY CONTACTING THE EVENT CONTACT, MACY HYNEK OR MARISSA HURST, TWO WEEKS PRIOR TO THE EVENT AT 785-527-5084 OR 785-243-8185 OR MHYNEK@KSU.EDU OR MLHURST@KSU.EDU. REQUESTS RECEIVED AFTER THIS DATE WILL BE HONORED WHEN IT IS FEASIBLE TO DO SO. LANGUAGE ACCESS SERVICES, SUCH AS INTERPRETATION OR TRANSLATION OF VITAL INFORMATION WILL BE PROVIDED FREE OF CHARGE TO LIMITED ENGLISH PROFICIENT INDIVIDUALS UPON REQUEST.

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