

rivervalley.k-state.edu

# 4-H News

# **River Valley District**

# *May & June 2020*

#### INSIDE IS ISSUE

District Dog Show	;
Entomology/Geology	•••
Fairbooks	2
New 4-H Program Manager	3
Premium Auction Update	2
Photo Mounting Workshops	3
Public Fashion Revue	2
Rate of Gain	2
Senior Spotlight	. 4
Suddenly in Charge	. 8
Virtual Favorite Foods	7
VOCA	

# K-STATE Research and Extension

K-State Research and Extension is an equal opportunity provider and employer.

Kansas4-H.orq

# **Message From RVD 4-H Team**

We want to thank all of our 4-H youth, families, and volunteers for their patience during this difficult time. Please know, the River Valley Extension District 4-H Team is still working hard for you from home! We understand it has been difficult to not be able to meet as 4-H Clubs and hold project meetings. Thank you for being adaptable as events have been cancelled or postponed. All face-to-face meetings and in-person programming have been put on hold until after July 4<sup>th</sup>. Please see the calendar insert for a list of cancelled and postponed events. You will also notice event locations have changed to Zoom. Feel free to contact us with any questions or if you would like for us to set up a Zoom meeting for you. We can help set-up 4-H Club Meetings, Project Meetings, 4-H Council, etc. Again, thank you for your patience and stay healthy!

# **Pre-Fair Judging Dates**

Mark your calendars now for our pre-fair judging dates!

#### **RVD-Concordia**

Date: Monday, July 6th

Time: 9:00 a.m.

Where: Cloud County Fairgrounds

What: Photography, Fiber Arts, Clothing Construction, and Fashion Revue (Constructed & Buyman ship), Woodworking, Energy Management, Space Tech, Home Environment, Reading, Wildlife, Posters, and Individual Projects

#### **RVD-Clay**

Date: Tuesday, July 7<sup>th</sup>

Time: 8:00 a.m.

Where: Clay Center United Methodist Church

What: Visual Arts, Fiber Arts, Photography, Clothing Construction, Fashion Revue

(Constructed & Buymanship)

#### **RVD-Washington**

Date: Tuesday, July 14th

Time: 9:00 a.m.

Where: Washington County High School

What: Visual Arts, Fiber Arts, Photography, Clothing Construction, Fashion Revue

(Constructed & Buymanship)

#### **RVD-Belleville**

Date: Wednesday, July 22nd

Time: 8:00 a.m.

Where: Belleville Central Christian Church

What: Clothing Construction, Fiber Arts, Fashion Revue (Constructed & Buyman

ship)

# Rate of Gain Update

Due to the discrepancies in our beef weigh-in dates, we will not have the beef rate of gain competitions for Cloud, Republic, and Washington Counties. Some, but not all, market beef animals were tagged at Washington and Clay Center on March 14<sup>th</sup>, from each of these counties prior to Kansas State Universities policy prohibiting all employees to meet face-to-face with the public. We feel the difference in days on feed would not create a fair competition. Clay County's beef rate of gain competition will go on as planned because they got all their animals weighed in on March 14<sup>th</sup>.

We are discussing way to continue with the Supreme Beef Competition, in Washington County, but it will be modified since the rate of gain is part of the calculation.

## *Fairbooks*

A hard copy of the fairbook will be provided to each family (except in Cloud County\*). A digital copy of each counties fairbook can be found online at: <a href="https://www.rivervalley.k-state.edu/4-h/fair.html">https://www.rivervalley.k-state.edu/4-h/fair.html</a>

It is extremely important for each family to take time to carefully read all of the General Rules, as well as the rules for each Division they will be exhibiting in! This will be most helpful as your complete the Pre-Entry Forms we use to prepare for the county fair. If you have any questions, please contact your local Extension Office.

\*This year, Cloud County 4-H Fairbooks will be available online only. It can be found online at: <a href="https://www.rivervalley.k-state.edu/4-h/fair.html">https://www.rivervalley.k-state.edu/4-h/fair.html</a>. If you need a printed copy, please visit the Concordia Office – we will have a limited number available.

# **Updated Requirements for Premium Auction**

Due to the COVID 19 outbreak we have decided we need to adjust the requirements for premium auction sales. After discussion with RVED staff and fair board presidents in the district, we have decided on the following requirements for the 2020 county fair premium livestock auction sales:

- 1. Complete Youth for the Quality Care of Animals (YQCA) training
- 2. Members must attend a "minimum" of three (3) 4-H Club meetings. Club meetings that are held virtually via Zoom are acceptable.

Please contact your River Valley Extension District office for any questions.

## **Public Fashion Revues**

The Public Fashion Revue is the opportunity for 4-H members to showcase the outfit they purchased or constructed. The Public Fashion Revue dates, times, and places are listed below.

RVD-Clay Center: Tuesday, July 7
 7:00 p.m. UMC-Family Life Center

• RVD-Concordia: Tuesday, July 6 6:00 p.m. Fairgrounds, Commercial Building

RVD-Washington: Tuesday, July 14 7:00p.m. Washington High School

RVD-Belleville: Wednesday, July 29 6:00 p.m. NCK Free Fair Entertainment Center

Check your local fairbook for information on these and other Fair events!

# YQCA

We have decided as a district to offer YQCA training after weigh-ins during each county fair with the exception of Cloud County (we have already offered YQCA training in Cloud County). That means there are still two options for families to get their YQCA training, in-person and online.

As of right now you can **NOT** sign up for the in-person training within the district. We are waiting until later in the spring to put them up online as we still aren't sure how the Covid-19 outbreak will affect county fairs. Once exact times are set and we know that fairs will continue as planned we will send out another email with confirmation and then you can go sign-up online. The process will be the same for families that choose in-person training. Sign-up for YQCA training online at <a href="https://www.yqca.org">www.yqca.org</a> **BEFORE** your county fair and show up to the training. After the training you will be marked as complete.

The next option is for online training which does cost \$12.00. Please note 7-year-olds will need to take the YQCA training in-person after weigh-ins at the fair. If you are nominating livestock for the State Fair then your YQCA training needs to be completed by the nomination due date. If you have completed YQCA then there is nothing more you need to do. If there are questions regarding this process, please contact Brett (<a href="mailto:bmelton@ksu.edu">bmelton@ksu.edu</a>) with questions.

# Photo Mounting Workshops

Fun fact about photography, the first photo ever taken took 5 hours to capture because of its long exposure. Think about asking a friend or family to be your subject! Did you know that if your photo is incorrectly mounted for the county fair, it will automatically be lowered one ribbon placing? 4-H would like to assist with not letting that happen and making welcome to anyone who would like to attend photography mounting workshops across River Valley District. A small fee may be charged for each picture mounted to cover cost of supplies. Photo boards are available at all River Valley District offices and you can mount your photos at home. Remember, double sided tape cannot withstand heat and humidity that happens at county fair, we recommend spray adhesive. ALL DATES ARE SUBJECT TO CHANGE WITH COVID-19 RULING BY KSRE.

<b>RVD- Clay Center</b>	Monday, July 6 <sup>th</sup>	Office Conference Room	9:30am-12:30pm/ 6:30-8:30pm
<b>RVD- Concordia</b>	Virtual		
RVD- Belleville	Wednesday, July 15 <sup>th</sup> Monday, July 20 <sup>th</sup>	Courthouse Office Room Courthouse Office Room	9:00am- 12:00pm/ 2:00pm- 4:00pm 9:00am- 12:00pm/ 2:00pm- 4:00pm
<b>RVD- Washington</b>	Saturday, July 11 <sup>th</sup> Sunday, July 12 <sup>th</sup>	Time and Location TBD Time and Location TBD	

# **District Dog Show**

The River Valley District Fair Dog Show for the four counties has been rescheduled for August 8<sup>th</sup>. It will be held in the Commercial Building on the Cloud County Fairgrounds in Concordia. Registration will begin at 8am and the show will start at 9am.

All dogs must have a current Kansas 4-H Dog Show Immunization Record. To ensure completed forms are received, this form must be turned in with fair pre-fair entry forms. You may find this record under the Dog Project on our website at: www.rivervalley.ksu.edu /4-H Youth and Development / Project Information. 4-H members from across the district show their dogs together in the classes, but only compete with others from their county. The judge will distribute specific county ribbons and prizes to the individual 4-H members. All are welcome to attend and support our youth in the district. Those interested in the dog project are especially encouraged to come to watch and learn!

# Rachel Footit Joins River Valley As Clay County 4-H Program Manager

I am super excited for the opportunity to work with the River Valley District and be your 4-H Program Manager. I began on April 1st, having to work from home and I am eager to work with all of you even if it is through Zoom, email, or phone call!

I grew up in Meriden, Connecticut, where I grew up on a dairy operation that started my love for showing cattle. Today, we currently run a few registered dairy heifers and 20 pairs of registered Hereford and Shorthorn cattle all show prospects. I was very involved in 4-H and FFA and did serve as the 2013-2014 Connecticut State FFA President.

In January 2015, I started a 5-year college career at Kansas State University. I graduated in May 2019 with a Bachelor Degree of Science in Animal Science and completed my prerequisites for Ag Education. I plan on getting my Master's Degree in Ag Education through online learning when that is offered soon. I was very involved in the College of Ag; KSU Dairy Science Club President, KSU Cattlewomen Co-Beef Promotions Chair, College of Ag Student Council Activities Director, and competed on the KSU Dairy Judging Team, KSU Meat Judging Team, and 2018 National Champion KSU Meat Animal Evaluation Team.

I live in Morrowville, with my boyfriend, Brett, where we own BRL Livestock of Aberdeen Cattle and Ranch Horses. Some of my other hobbies are; photography- Rachel Anna Pho-

tography, can be found on Facebook, hanging out with friends, and owning my first home to decorate it the way I want.

Please feel free to email, text, or call me at any time. Hopefully get to meet you all face to face soon. Everyone stay healthy and well!

# **Entomology/Geology Judging**

The Entomology and Geology Judging is going virtual for the year 2020. Make sure to mark your calendar with the following date:

#### Tuesday, June 9th

10:00 a.m. - Entomology 1:00 p.m. - Geology

Going virtual allows our 4-Hers to share their projects they have been working hard on while also allowing them to have one-on-one time with the judge! Please watch for an email with more information regarding sign-up times.

#### **Colt Benfer**

Colt is a 9 year member of the Study Oak 4-H Club.

#### **Katie Brady**

Katie has been a Cloverleaf 4-H club member for 8 years. She will graduate from Wakefield High



School. The Dog project is her favorite project. Her favorite 4-H activities are Discovery Days and Ambassadors. She plans to be a Vet Tech and dog trainer.

#### **Keaton James**

Keaton is a 10 year member of the Lincoln Creek 4-H Club. His favorite project Beef. Some of the



is

favorite activities he participated in are: 4-H Camp, County Fair, and meeting new friends at State Ambassador Training. He will graduate from Clay County Community High School and is enrolled in the John Deere Tech Program at Southeast Community College in Milford, Nebraska.

#### **Jaden Tate**

Jaden has been a member of the Cloverleaf 4-H Club for 8 years. Photography is her favorite pro-



ject. She enjoyed attending Discovery Days. Jaden is graduating from Wakefield High School and plans to attend Kansas State and earn a bachelors degree with a major in Education and a minor in Business.

# River Valley District Senior Spotlight

#### Clay County

#### Jaclyn Begnoche

Jaclyn has been involved with the Countryside Crusaders 4-H program for 10 years. She will graduate from Clay Center Community High School and plans to attend



Fort Hays State University in the fall pursuing a nursing degree. Her favorite activity was being a 4-H camp counselor. She will miss the campers this summer. She also participated in photography, buymanship and fashion review and dog obedience and showmanship.

#### Téa Copenhaver

Téa is a 10 year member of the Cloverleaf 4-H



Club. Her favorite 4-H project is photography. She enjoyed the County Fair and 4-H Camp. Téa will graduate from Wakefield High School and plans to attend Fort Hays State University this fall and major in Nursing.

#### **AnnaLeah Johnson**

AnnaLeah has been a member of the Countryside Crusaders club for 12 years. Poultry, rabbits, and goats are some of her favorite projects. She en-

joyed attending the Country Fair and the barn dance at the end of the fair. AnnaLeah will graduate from Clay Center Community
High School. Her future plans are to go to Aquaponics or work in a greenhouse.



#### **Benjamin Wichman**

Benjamin is a ten year member of the Washington Headliners 4-H Club. His favorite project is



Sheep. His favorite 4-H activities are Fashion Revue, County Fair, and the fair dance. Benjamin will graduate from Blue Valley High School and plans to attend MATC and complete the welding program.

#### **Cloud County**

#### **Rachelle Anderson**

Rachelle has been a member of the Hill and Dale 4-H Club for 11 years. Beef is her favorite 4-H project. She has enjoyed participat-



ing in KYLF and Livestock Sweepstakes. Rachelle will be graduating from Concordia Jr./Sr. High School and plans to attend Northwest Missouri State University majoring in Agriculture Data and Informational Systems.

#### **Rachel McHenry**

Rachel is an 11 year member of the Clyde Roadrunners. Her favorite projects are Bucket Calf and Entomology. Rachel enjoyed serving as a 4-H Ambassador, hosting Kana, our friend from



the Japanese exchange program, and County Fair. She is graduating from Danielson Classical Academy and will be attending Central Christian College of KS, in McPherson. Rachel plans to major in Pre-Physical Therapy/Biology. She will be a member of the Cheer Squad.

#### Republic County

#### Cajsa Carlgren

Cajsa has been a member of the Eager Beavers 4-H Club for 12 years. Horse is her favorite project. Cajasa has en-



joyed being her club's Reading project leader, Discovery Days, and being a Camp Counselor. She will graduate from Pike Valley High School and is planning to attend Cloud County Community College, then transfer to KSU to obtain a degree in Agronomy.

#### Alexis Hansen

Alexis has been a member of the Discovery 4-H Club for 9 years. Foods is her favorite 4-H project. Activities Alexis enjoys are Ambassadors and County Fair. She attends Republic County High

School and plans to go to Kansas State and major in Pre-Med.



#### Hali Buckley

Halie is an 11 year member of the Hopewell Corners 4-H Club. Her favorite projects are Sheep and Beef. She enjoyed getting to be a 4-H Camp Counselor. Hali attends Concordia Jr./Sr. High School. She plans to join the United States Marine Corps this coming fall.



#### **Macy McMillan**

Macy has been a member of Hill and Dale 4-H Club for 8 years. Her favorite project is Shooting Sports. Macy enjoyed being a Junior Leader and



helping new shooters develop their skills. She is graduating from Concordia Jr./Sr. High School and plans to attend Kansas State University Polytechnic and obtain a bachelor's degree in the Professional Pilot Program.

#### **Braden Frasier**

Braden is a 12 year member of the Republic Pioneers 4-H Club. His favorite project has been Energy Management. Some of Braden's favorite 4-H activities are Jr. Leaders and Ambassadors, attending Camp and being



a Camp Counselor, and Discovery Days. Braden attends Superior High School and is enrolled at Cloud County Community College, majoring in Electrical or Mechanically Engineering.

#### **Hunter Hartner**

Hunter is a 13 year member of the Discovery 4-H Club. His favorite project is Swine. Hunter enjoyed going to 4-H Camp and showing animals at the County Fair. Hunter is a Senior at Republic

County High School and plans to attend Kansas State University to major in Sales and Marketing.



#### Jessica Jensen

Jessica is a 12 year member of the Eager Beavers 4-H Club. She enjoys her Beef and Swine projects. Her favorite 4-H activities were National 4-H Congress and 4-H Camp. Jessica

attends Pike Valley High School and plans to major in Ag Communications at Kansas State University.



#### **Grant Nabity**

Grant is a 12 year member of Pathfinder 4-H Club. He has enjoyed Photography and Rocket-



ry. County Fair with his rooster is an activity he enjoys. Grant is a senior at Republic County High School. He is enrolled at NCK Tech in Beloit, majoring in Information Technology.

#### **Cormik Reynolds**

Cormik is an 11 year member of the Merry Meadowlarks 4-H Club. Market lamb has been his favorite project. 4-H ac-



tivities he has enjoyed are going to camp, being a variety of club officers, and County Fair. Cormic is a senior at Republic County High School and will be attending K-State Polytechnic in Salina, majoring in Digital Marketing and Media.

#### **Faith Schintler**

Faith is a 12 year member of the Discovery 4-H Club. Her favorite 4-H project is Entomology and her favorite 4-H activity is Discovery Days.



Faith attends Republic County High School. She is planning to attend Kansas University and study Computer Science.

#### **Emma Morris**

Emma has been a member of the Discovery 4-H Club for 12 years. She has enjoyed the Sheep and Foods and Nutrition projects. Emma's favorite 4-H activities have been attending 4-H Camp, Ambassa-

dors, and 4-H Day Camps. She is graduating from Republic County High School and plans to attend Barton Community College in Great Bend majoring in



Education and Communications.

#### **Hayley Piroutek**

Hayley has been a member of the Discovery 4-H Club for the past 12 years. Visual Arts is her favorite 4-H project. She has enjoyed being a 4-H camper and Camp Counselor, attending Discovery Days, and participating at District Club Day. Hayley attends Republic County High School and plans to attend K-



Stated and major in Hospitality Management. She is looking forward to being a member of the 4-H Scholarship House, Clovia.

#### **Macy Rickard**

Macy has been a member of Sherdahl Boosters 4-H Club for 12 years. Her favorite project is Beef and she has enjoyed 4-H Camp, Discovery Days, the County Fair, and National Congress. She is graduat-

ing from Pike Valley High School with plans to attend the Nebraska College of Technical Agriculture and major in Agriculture Business and Animal Science.



#### **Tobi Wilber**

Tobi has been a member of the Merry Meadowlarks 4-H Club for the last 12 years. Beef and Horse are her favorite projects. Her favorite 4-H activities are 4-H Camp, the fun horse show at the fair, and showing cattle. After Tobi graduates from Republic Coun-



ty High School she plans to attend Colby Community College in Animal Science.

#### **Washington**

#### **Zach Meyer**

Zach is a ten year member of
Happy Workers 4-H Club. His
favorite project is Dairy. He enjoys participating in Barnyard
Olympics, State Trap Shooting
Team, and showing Dairy at the
Kansas State Fair. Zach is a senior at Hanover High School. He
plans to attend Southeast Community College and
study Diesel Technology.

#### Jenae Romeiser

Jenae has been a member of the Stick To It 4-H Club for 11 years. Her favorite project is photography. Jenea attends Washington County High

School. Her future plans are to attend Emporia State University majoring in Graphic Design.



#### **Jacob Toole**

Jacob has been a member of Busy Bee
4-H Club for 6 years. His favorite project is Visual Arts. One of his favorite 4
-H activities was putting together a
model airplane with younger club
members. Jacob is graduating from
Washington County High School. He
will be attending Dordt University in Sioux Center,
Iowa, majoring in Mechanical Engineering.

#### **Eric Peterson**

Eric has been a member of the Lucky Four 4-H Club for 12 years. His favorite project is Shooting Sports and his favorite activity is spending time with friends at the County Fair.
Eric will graduate from Clifton Clyde High School. He plans to attend Kansas State University, majoring in Ag Economics.

#### **Tyler Simmons**

Tyler is a 12 year member of the Happy Spirit 4-H



Club. Swine is his favorite project. He enjoys the County Fair and competing in barnyard Olympics. He also enjoys showing livestock. Tyler is a senior at Washington County High School. He

plans to attend Kansas State University majoring in Business Marketing.

#### Tray Zabokrtsky

Tray is a 12 year old member of the Stick To It 4-H Club. Beef is his favorite 4-H project. He enjoyed the County Fair, Kansas Junior Livestock Show, and Champions Livestock Judging Camp. Tray attends Washington County High School. He plans to attend Hutchinson Community College majoring in Agribusiness. He will

be a part of the Livestock Judging Team at HCC.

## *VIRTUAL FAVORITE FOOD SHOWS*

Do you love to cook, but would like to try more than baked goods? Well, you are in luck! River Valley District 4-H has the Favorite Food Show! This event combines food preparation, nutritional knowledge, table service planning, and food handling practices for a fun learning experience for 4-H'ers! The Favorite Food Show is a fair event, so youth must be enrolled in Foods & Nutrition to participate.

River Valley District 4-H will be having one, virtual Favorite Food Shows this year:

Saturday, June 13th Judging starts at 9:00 a.m. - Noon via Zoom

4-H Staff will email out a Sign-Up Genius link for each 4-Her to claim a 10-minute time slot to present to the judge closer to the date. If you are unavailable to attend consultation judging on Saturday, June 13<sup>th</sup>, you may submit a 3-5-minute video presentation for the judge to review. The video submission is due no later than **Thursday**, **June 11<sup>th</sup> at 4:30 p.m.** to your local 4-H Program Manager.

The Favorite Food Show is a fair event, and it requires exhibiting at your local county fair to receive your ribbon and premium. Check out the rule book for all of the information about the Favorite Food Show! The rule book, food safety tips, and entry form are available at your local RVD Extension Office, or they can be found online at <a href="https://www.rivervalley.k-state.edu/4-h/fair.html">https://www.rivervalley.k-state.edu/4-h/fair.html</a>. Be watching for more information on this fun event, if you are enrolled in the Foods & Nutrition project by May 1st.



**River Valley Extension District** *Washington Office* 214 C. Street, Courthouse Washington, KS 66968–1928

**Address Service Requested** 

## **Suddenly In Charge**

The closing of schools and preschools sent parents scrambling to find help in taking care of their young children. In some cases, that means older children are helping look after younger kiddos.

K-State Research and Extension has launched a new program, "Suddenly in Charge," aimed at helping older children learn the best ways to handle this new role taking care of younger children, whether in their own homes or those of a neighbor or friend.

Over the coming weeks, helpful information will be available on the Suddenly in Charge website; <a href="https://www.ksre.k-state.edu/families/suddenly-in-charge/index.html">https://www.ksre.k-state.edu/families/suddenly-in-charge/index.html</a>. These resources are for teens, tweens and anyone charged with caring for younger children, whether it's a new situation or they've been doing it for years.

Resources are being created and added frequently regarding safety, food, media, disaster safety, and mental health and wellness, just to name a few. One of the first resources available is a babysitter information sheet with spaces for parent contact information, other emergency contacts, doctor information and more.

The River Valley District also has great resources available to our individuals and families. Extension Agents Monica Thayer and Sonia Cooper were conducting "Building Blocks of Babysitting" workshops just prior to the outbreaks so if you have any specific questions, please reach out to contact them.

Monica covers family resources and child development. She can be reached at 785-527-5084 or <a href="mailto:mthayer@ksu.edu">mthayer@ksu.edu</a>. Sonia covers food safety, nutrition, and health. She can be reached at 785-632-5335 or <a href="mailto:srcooper@ksu.edu">srcooper@ksu.edu</a>.