

News Column for Use Week of 4/19/2021  
Sonia Cooper, Nutrition, Food Safety, and Health Agent  
River Valley Extension District  
4/15/2021

### **Get Up and Go**

The River Valley Extension District is hosting a combination Walk Kansas/StoryWalk event. This will be in four locations in the District: the Courthouse Lawn in Washington on April 20<sup>th</sup>, the City Park in Concordia on April 22<sup>nd</sup>, the Utility Park Walking Trail in Clay Center on April 27<sup>th</sup>, and downtown in Belleville on April 29<sup>th</sup>. All events are between 3:00 – 6:00 p.m.

Everyone is welcome to Walk and have fun reading the book “Get Up and Go” by Nancy Carlson, taste a treat, and engage in the outdoors. This book encourages physical activity. Walking is a great way to be active. Laminated pages of this book will be attached to signposts which are along a path for participants to walk and read.

The StoryWalk project is the creation of Anne Ferguson and the Kellogg-Hubbard Library from Montpelier, Vermont and it is described as “An Innovative and delightful way for children and adults to enjoy reading and the outdoors at the same time.”

Put this on the calendar. Everyone is welcome. If you have questions call Sonia Cooper at 785-632-5335 or email [srcooper@ksu.edu](mailto:srcooper@ksu.edu).

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