

News Release for Immediate Use or Next Issue
Monica Thayer, Extension Agent, Family Resource Management
River Valley Extension District
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Winning off the Court – The Silent Epidemic

Mark Potter was at the height of his coaching career as the head men’s basketball coach at Newman University in Wichita, KS. While he was gearing up with a winning team, he was silently struggling in another battle off the court.

On Thursday, April 8th, 2021 at 7:00 p.m. at the Arley Bryant Gymnasium at Cloud County Community College (2221 Campus Drive in Concordia), Coach Potter and his wife, Nanette, will present their inspiring story in “The Silent Epidemic – A Real Story of Victory over Severe Depression”.

Mark shares his story as an individual suffering from severe depression while his wife, Nanette, presents the caregiver’s perspective. This dynamic couple hopes that by sharing their powerful accounts of each perspective that they can break the stigma of mental health disorders.

Mark and Nanette founded D2UP, Dedicated 2 Uncommon Principles, and have devoted their lives to helping others that are suffering from depression. Mental health disorders can impact anyone, so they use their story to inspire those in need to seek help. They also encourage family members and friends to support those who are struggling.

The River Valley Extension District has teamed up with Cloud County Community College Athletics Department and Diversity, Equity, and Inclusion Council to bring Mark and Nanette Potter to present “The Silent Epidemic” and their story of winning off the court.

Please join us for this free event but due to Covid-19, entry is limited. Reserve a free ticket to this event online at www.cloudtbirds.com/silentepidemic or call Amber in the RVED-Concordia Office at 785-243-8185. All attendees must have a ticket and enter through Entrance 2, the main entrance near the flagpole, at the College. Face coverings are required and temperatures will be checked upon entry.

This program is funded in part by a grant from the Kansas Health Foundation Public Health Fund through the Community Foundation for Cloud County and the Sisters of St. Joseph of Concordia. We appreciate their financial support to bring more awareness to mental health.

For more information or if you have any questions, please contact River Valley Extension District Agents, Monica Thayer at 785-527-5084 or Sonia Cooper at 785-632-5335.

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