

News Release for Immediate Use or Next Issue
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River Valley Extension District
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Winning off the Court – The Silent Epidemic

Mark Potter was at the height of his coaching career as the head basketball coach at Newman University in Wichita, KS. While he was gearing up with a winning team, he was silently struggling in another battle off the court.

Attend a riveting presentation on Sunday, April 5th, 2020 at 7:00pm at the Arley Bryant Gymnasium at Cloud County Community College (2221 Campus Drive) in Concordia to hear “The Silent Epidemic – A Real Story of Victory over Severe Depression”.

Mark shares his story as an individual suffering from severe depression while his wife, Nanette, presents the caregiver’s perspective. This dynamic couple shares their powerful accounts of each viewpoint while encouraging those in need to seek help and how to assist someone you love who is struggling with depression. Mark and Nanette founded D2UP, Dedicated 2 Uncommon Principles, and have devoted their lives to helping others who are suffering from depression.

The River Valley Extension District has teamed up with Cloud County Community College to bring Mark and Nanette Potter to present “The Silent Epidemic.”

This program is open to the public and free to attend. Everyone is encouraged to hear Mark and Nanette’s powerful story of winning off the court. This program is funded in part by a grant from the Kansas Health Foundation Public Health Fund through the Community Foundation for Cloud County and the Sisters of St. Joseph of Concordia.

With questions or for more information, please contact River Valley Extension District Agents, Monica Thayer at 785-527-5084 or Sonia Cooper at 785-632-5335.