

News Release for Immediate Use or Next Issue  
Monica Thayer, Extension Agent: Family Resource Management  
River Valley Extension District  
March 20, 2020

### **Building Blocks of Babysitting Held**

Twenty-nine youth in the River Valley District participated in Building Blocks of Babysitting workshops that were held in Washington, Concordia, and Belleville.

Extension Agents Monica Thayer and Sonia Cooper taught skills used while babysitting, including child development, preparing nutritious snacks and meals safely, changing diapers, recognizing safety hazards, handling emergencies, and more.

Emergency Medical Services (EMS) and the Sheriff's Office in each three locations taught basic first aid and emergency considerations for the sessions. Thank you to Sheriff Justin Cordry, Paramedic Caroline Scoville, Sheriff Brian Marks, Firefighter/Paramedic James Buller, Firefighter/Paramedic Derek Champlin, Firefighter/Paramedic Johnnie Mastin, Sheriff's Deputy David Cox, and Paramedic Jeff Beikmann for assisting with our sessions. Schuyler Peters with his son Jordy and Lonisa Melton provided some parental perspective to Washington and Belleville.

As this time, the Clay Center session has been postponed until further notice. We hope to be able to teach this session in the future face-to-face or we may try to utilize a digital format.

Any questions may be directed to Monica Thayer, Family Resource Management Extension Agent, at 785-527-5084 or [mthayer@ksu.edu](mailto:mthayer@ksu.edu).

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