News Column for Use Week of 02/19/2024 Jordan Schuette, Adult Development & Aging Agent River Valley Extension District February 16, 2024

Upcoming Alzheimer's Educational Series

Are you caring for a loved one with Alzheimer's Disease or would like more information on Alzheimer's and Dementia? If so, plan to attend one or both programs in the upcoming Alzheimer's Educational Series in Clay Center.

The program series begins with the *10 Warning Signs of Alzheimer's*, presented by Jordan Schuette, Adult Development and Aging Agent and Alzheimer's Association Community Educator. You will learn about the common warning signs, the importance of early detection, tips for approaching someone about memory concerns, and more. This program is scheduled for Monday, March 25th at 6:00 p.m. at the Clay Center Extension Office Meeting Room (322 Grant Street, Clay Center, KS 67432).

The second program, *A Caregiver's Guide to Finances* will be presented by Monica Thayer, Family Resource Management Agent and Alzheimer's Association Community Educator. Alzheimer's affects more than just a person's memory. It also affects their thinking and behavior which includes their ability to manage money. You will learn about the costs of caregiving, benefits of planning early, learn how to start conversations about finances, and more. This program is scheduled for Monday, April 8th at 6:00 p.m. at the Clay Center Extension Office Meeting Room.

These programs are free to attend, and a meal will be provided by our sponsor, Clay County Medical Center. We do ask that you register beforehand for one or both sessions. To register or if have any questions, please call the Clay Center Extension Office at 785-632-5335.

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