News Release for Immediate Release or Next Issue
Deanna Turner, Extension Agent: Family & Consumer Sciences, Aging Programs
River Valley Extension District
2/19/2020

Downsizing Program

Make your life easier by decluttering. Clutter can have negative effects on your mental and physical health. Plan to attend the upcoming program, Downsizing, on March 12th and 13th in the K-State Research and Extension River Valley District counties of Clay, Cloud, Republic, and Washington.

March 12th, hear the program starting at 10:00 a.m. in the Clay Center District Office (322 Grant Avenue). That afternoon, catch the program in Washington at 2:00 p.m. in the Good Shepherd’s Lutheran Church (200 W. 4th Street). On March 13th, come to the Belleville Public Library (1327 19th Street) for the program at 10:00 a.m. That afternoon you can hear the program at the Concordia Courthouse Basement Meeting Room (811 Washington) at 2:00 p.m. In Concordia, please park on the south side of the Courthouse, enter on the west side of the Courthouse and take the elevator to the basement.

Deanna Turner, District Extension Agent-Adult Development and Aging, will discuss different methods of downsizing to enjoy the space you are living without the clutter. If you plan to attend, please pre-register at your local Extension Office by calling: Clay Center Office at 785-632-5335, Washington Office at 785-325-2121, Belleville Office at 785-527-5084, Concordia Office at 785-243-8185. For more information, call Deanna at 785-632-5335. Everyone invited to this free program.

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