

News Release for Immediate Release or Next Issue  
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River Valley District  
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### **Alzheimer's – Know the 10 Signs**

Be informed about the symptoms of Alzheimer's disease and other types of dementia. Plan to attend the upcoming program, "Alzheimer's – Know the 10 Signs Early Detection Matters." It will be presented on Tuesday, September 24<sup>th</sup> in Concordia from 5:30-7:00 p.m. at the Concordia Senior Citizens Center, 109 West 7<sup>th</sup> Street.

Hayley Young, Outreach Specialist from the Alzheimer's Association in Topeka, will present this free program. Alzheimer's disease is not a normal part of aging. Hayley will share the 10 warning signs and symptoms to be aware. Early detection of Alzheimer's disease gives you a chance to begin drug therapy and plan for the future. Hayley will answer your questions. She provides support to individuals with the disease, as well as family members, friends and caregivers.

Please pre-register for the meeting by calling the Concordia Extension Office at 785-243-8185. Light refreshments will be provided. The program is sponsored by K-State Research & Extension River Valley District. For more information contact Deanna Turner at 785-632-5335 or e-mail [dturner@ksu.edu](mailto:dturner@ksu.edu). Sign up today!

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