

News Release for Immediate Release or Next Issue

Deanna Turner, Extension Agent: Family & Consumer Sciences, Aging Programs

River Valley Extension District

3/22/19

Enjoying Life in Retirement

Thinking about retiring or already retired? Most people first think only about the financial side. Retirement can bring more challenges and opportunities than finances. Enjoying Life in Retirement will discuss the social implications of retirement and things to consider before and after you retire, as well as tips on how to stay active and engaged after your paid work duties have ended. Participants will share retirement ideas working for them. Even if you have been retired for many years, the group will explore ways to enrich your retirement.

River Valley Extension District Agent, Deanna Turner will present this program in all four counties. Plan to attend in one of these locations:

- Wednesday, April 3 at 10:00 a.m.- Washington Extension Office (214 C Street)
- Wednesday, April 3 at 2:00 p.m.- Belleville Public Library (1327 19th Street)
- Friday, April 5 at 10:00 a.m.- Concordia Extension Office (811 Washington Street)
- Friday, April 5, 2:00 p.m.- Clay Center Extension Office (322 Grant Avenue)

Please note, the programs at the Washington and Concordia Extension Offices will be held in the basement of the Courthouses. Contact Deanna Turner at 785-632-5335 or dturner@ksu.edu for more information.

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