



STAFF SPOTLIGHT

DISTRICT OFFICE PROFESSIONAL

FRIEDA KNITTER

CLAY CENTER OFFICE



Frieda's Biography

"Frieda grew up on a farm in southern Clay County near Longford. She graduated from Longford Rural High School and then attended Brown Mackie Business College in Salina. When she got out of Brown Mackie, she started working for the Clay County Extension Office and has been with Extension for 49 years now. This is the ONLY job that she has ever had. She enjoys working in her yard and planting flowerpots. Her and her husband Robert have two sons and three grandchildren (two grandsons and one granddaughter)."

What is one of your favorite things about your job and why?

"I enjoy my job because I am never doing the same thing every day. When I first started working, I was the only secretary in the office, so I did everything from answering the phone, greeting the public, financials to working with the 4-H program. I think the one thing I have enjoyed most is watching the 4-H youth grow and learn through the 4-H program."

If you could go back in time, what year would you travel to and why?

"The 1960's. I would love to visit with my Grandparents and REALLY listen to what they were telling me about how they grew up."

If you could have one superpower what would it be and why?

"Healing - To find a cure for Cancer."

What is one interesting fact we might not know about you?

"I went to grade school in a one room school (and no I'm NOT that old - the school was one of the last ones to exist in the county). I was the only one in my class until high school, and then there, were only seven in our graduating class. I loved small town life!"